



VISION AND PROGRESS

# Crestwood Infoline...

**CRESTWOOD HIGH SCHOOL**

Telephone: (02) 9639 7422

Facsimile: (02) 9686 3462

Week 2, Term 2

5th February, 2021

## From The Principal ...

### Welcome to all

Welcome back to all students and particularly a warm welcome to our incoming Year 7 students and any new students in other year groups. I hope that all students had a well-earned, restful holiday season and they are ready to pursue the successes ahead in 2021. I would also like to welcome our new permanently appointed staff to Crestwood High School:

Science Faculty – Mr Eric Vi

Mathematics Faculty – Ms Charlotte Akopian

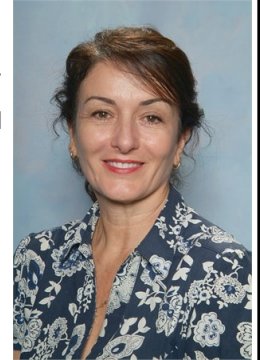
Support Unit – Mrs Katarzyna Sabel



Mr Eric Vi



Ms Charlotte Akopian



### Congratulations to our HSC Distinguished Achievers

Congratulations to our Distinguished Achievers in the HSC 2020. These students were recognized by NESA as a 'Distinguished Achiever' achieving at a band 6 in at least one subject or an E4 in one extension subject. Last year was an extremely challenging year for Year 12 students, their parents and teachers. It is incredibly pleasing to see our students perform with distinction and most importantly, find their post school pathway in tertiary education, trade training or employment. Congratulations to Kaitlyn Seymour achieving the highest ATAR of 98.02 (7<sup>th</sup> in the state in CAFS) and also is an 'All Rounder' achieving a band 6 in 6 subjects. Additional outstanding achievements include Selena Cardillo – 99 Industrial Technology (3<sup>rd</sup> in the State), Arthi Sundaram – 98 Drama and 49/50 English Extension 2, Tess Pesavento 97 in Mathematics Standard 2 (11<sup>th</sup> in the state).

The success of our Distinguished Achievers could not happen without the dedication of skilled teachers who know their content and how to teach it. Their commitment, skill and expertise play a pivotal role in extending their students to their full potential and nurturing them along the way. It is also essential to recognise the support of parents and carers who have supported and encourage their child through a very challenging and stressful year.

Congratulations to our Distinguished Achievers 2020 and all our year 12 graduates, we wish you all the best for the coming year as you embark on your new pathway.

### Future Directions for Crestwood High School

During 2020, a number of surveys and data collection exercises were conducted to gather information and feedback from students, staff and parents. This provided valuable insight into what is working well and highlighted areas for improvement. In the next edition of Infoline, I will include a report summary of surveys conducted during 2020 and discussion on how this will impact our strategic planning 2021-2024. The importance of consistent collective efficacy in teaching instruction is certainly a critical component to a successful school. During 2021, Ms Tania Wright has been appointed to the role of Deputy Principal – Instructional Leadership. Please see her report for further detail of her role this year. Mr Mark Johnstone will be relieving in the position of Deputy Principal (Year 7, 9 11). We welcome Mr Johnstone to this role for the year as he brings extensive experience in leadership, high academic performance and welfare.

**Therese Hourigan**

### *Inside this issue*

- **HSIE Highlights**
- **DEAR program**
- **Football program**
- **Welfare News**
- **TAS Times**
- **SRC News**
- **Uniform Shop**
- **Canteen Update**
- **Mathematical musings**

## From The Deputy Principal ...

Welcome to all families for the start of, what we all hope to be, a fantastic year. The start of the term has been smooth with students engaging in lessons from day one. Year 7 students are quickly learning the routines and with guidance from their Year 10 Peer Support leaders are getting used to the buildings, timetables and playgrounds. Students can also access their Year Advisors for support in anything to do with school life. As usual, our high expectations for behaviour, uniform and learning will be communicated and enforced.

It is vitally important for all students to be prepared for each day; correct uniform, all equipment including Maths calculator, pencil case, exercise books and laptop computer fully charged and most importantly a positive attitude toward learning. Teachers will indicate to students the requirements for each subject.

Students are encouraged to ride to school. There is a pushbike store area where students can lock their bikes. They MUST remember to follow all appropriate road rules and helmets are absolutely compulsory. It is unlawful for students to ride without a helmet.

Year 12 will be away at their 'Year 11' camp next week which was cancelled last year due to COVID. Fortunately, Crestwood was able to secure the Jindabyne Sport and Rec facility for the postponed camp. The students will be completing their compulsory Life Ready course and will be undertaking challenging activities, including the trek to the top of Mount Kosciuszko.

The Duke of Edinburgh's International Award is a voluntary enrichment program that invites young people to participate in a series of personal challenges over a period of time and receive recognition for completing these challenges. The challenges fall into 4 areas: Volunteering, Physical Recreation, Skill, and Adventurous Journey. Students are required to work independently in their own time to meet the requirements of each component. For this reason, possession of a Duke of Edinburgh's Award is held in high regard internationally and is very well recognised by potential employers. Following on from the success of previous years the Duke of Edinburgh's International Award will continue. In 2021, students will again complete expeditions across a range of venues. The aim of these expeditions is to develop and refine their cross-country navigation skills and achieve competencies in bush craft, first aid and camping. It is expected that these groups will continue to complete the other aspects of the award and achieve their awards throughout 2021. Further information is regularly published in this newsletter and more information is available at <https://dukeofed.com.au/>.

Make sure you keep abreast of all school events by visiting the website, downloading the App and using the parent portal.

Looking forward to a great year

Warren Groth

DP

## From The Deputy Principal ...

### Instructional Leadership

Welcome back to 2021! This year I am undertaking a new role in the school, one of Instructional Leadership. Mr Johnstone, Head Teacher HSIE, will be relieving in my Deputy Principal position for the year and he will look after students in years 7, 9 and 11 among my other portfolios. An instructional leader provides knowledge and resources about evidence-based teacher instruction, models the use of strategies requiring implementation within the classroom as a part of continuous improvement plans. I am very excited about this new position which involves working alongside teachers to deliver quality teaching supported by best management practices in the classroom. Given this new role in the school, there will be a lot of collegiality between the faculty executive staff to determine the greatest point of need within the faculty relating to both curriculum and best practice. I will keep you apprised throughout the year of my research and work in this role.

Tania Wright

## DUKE OF EDINBURGH

### DIARY DATES

The first Duke of Ed Hike for this year is 25-27th March. This is a bronze practice/qualifying hike.

# SRC NEWS



Crestwood High School's Student Representative Council (SRC) finished 2020 with the SRC Leadership day. The day comprised of Year 12 leaders Natarina, Adrian, Lana, Jonah, Grishan, Sajnoor, Christos, Lauren, Aleina, Chris, Rhea, and Jai running leadership planning and mentoring to the year 11 and junior SRC for 2021. Sadly, this was the last event for Mrs Jones as the official SRC coordinator.

SRC would like to personally thank Mrs Jones for her years of service, mentoring and care within the SRC and at Crestwood High School.

For 2021, with reflection upon the challenges of the previous year, the SRC is pivoting to a year of *Mind Kind*. The emphasis of this year will focus on improving wellbeing (mental, physical and emotional) amongst students and staff as it was identified as an area of need. One of the ways SRC aims to boost the wellbeing of students is through working to have a stronger student voice on social media. SRC recognises tapping into popular social media, accessed by Crestwood students, will assist to communicate messages of the school. One of the other notable projects in the works is establishment of student-led wellbeing initiatives which will work in conjunction with the school's welfare



team and Department of Education Wellbeing Policy to assist students to access support when needed. SRC hopes to provide positive social experiences, education on practising everyday mental health support, building pro-social skills, and promoting the importance of mental, physical and emotional wellbeing. The group hopes to give support for students in order for them to connect, thrive and succeed at Crestwood High School.

Not only is the self-important when it comes to wellbeing but it is also inclusive of the environment we live in. SRC aims to look into more sustainable practices at Crestwood High School to reduce waste at Crestwood High School.

# SRC NEWS

Finally, SRC also recognises the importance of staff members at Crestwood High School. They are valued professionals in our school who make learning successful. To be inclusive of staff in *Mind Kind*, SRC have decided to spotlight 5 staff every two weeks to recognise their valuable contributions to student learning and wellbeing. Staff will be nominated by each SRC grade. To show appreciation, staff chosen will receive a small token of thanks and be highlighted in the SRC section of the newsletter.



## *Valentine's Day 2021*

The annual SRC fundraiser for Valentine's Day is currently on and consists of the selling of roses contributing to the *Mind Kind* focus. Roses can still be purchased by students and staff outside the canteen area until Thursday Week 3. Roses can be purchased for partners, friends, parents, carers, and staff as a symbol of appreciation and care. In selling roses, SRC are raising funds going towards the Cancer Council. SRC aims to return with more ideas for fundraising the lead up to Relay for Life.



**Hello Crestwood  
Valentine's Day is coming...**



  
All proceeds go to the Cancer Council

**Purchase a rose for \$3 outside the canteen area. Thursday week 3 is your last chance.**

# Valentine's Day Roses

**Purchase a rose for \$3 outside the canteen area during weeks 2 & 3**

**All money raised will go to the Cancer Council**



**CHS SRC**

  
CRESTWOOD HIGH SCHOOL  
  
VISION AND PROGRESS

**Roses will be delivered during homeroom on Friday 12th February**

# Science News

## UPCOMING SCIENCE EVENTS

| WHAT                         | WHO?  | WHEN?                                 |
|------------------------------|---|---------------------------------------|
| TARONGA ZOO EXCURSION        | YEAR 11 AND YEAR 9 ACCELERATED<br>INVESTIGATING SCIENCE | 11TH MARCH<br>(NOTE DUE 4TH FEBRUARY) |
| LONGNECK LAGOON FIELD STUDY  | YEAR 11 BIOLOGY   | 8TH MARCH                             |
| BIG SCIENCE COMPETITION      | YEARS 7-10  | 18TH MAY<br>(NOTE DUE 12TH MARCH)     |
| SCIENCE OLYMPIAD EXAMINATION | YEARS 10-12<br>(INVITATION ONLY)                        | 26-30TH OF JULY                       |
| ICAS SCIENCE COMPETITION     | YEARS 7-10  | 23RD AUGUST                           |
| MUSEUM OF HUMAN DISEASE      | YEAR 12 BIOLOGY   | SEPTEMBER                             |
| USYD SPECTACULAR SCIENCE     | YEAR 9  | NOVEMBER                              |
| FORENSICS INCURSION          | YEAR 10   | NOVEMBER                              |
| LUNA PARK                    | YEAR 12 PHYSICS   | DECEMBER                              |
| G+T SCIENCE DAY              | YEAR 8C   | DECEMBER                              |

# P&C News February

Welcome back to all staff, students and their families and to all of our New Year 7 families. Our first P&C meeting for this year is on **Tuesday 9th February at 7pm in the staffroom.**

The Crestwood High School P&C is a group of parents who meet once a month to discuss items/issues that are happening in the school. At our meeting our Principal, Therese Hourigan, as well as one of the Deputy Principals, also attend and inform the parent body of items of interest that are occurring in the school and how the P&C funds can be utilized within the school.

The P&C funding is made up from your parent donations and as well as the funds that come from the Canteen and the Uniform Shop. Unlike the Primary school P&C's we do not do any other fund raising activities throughout the year and we ask parents to pay the P&C donation so we can keep this policy occurring.

P&C funds over the years have provided the following items—classroom resources for students, air conditioning to classrooms & the maintenance of the air conditioners, data cabling within the school to enable students to access WIFI at school, electronic whiteboards & data projector screens in classrooms, funding for the school band program & the annual school musical, helping with the refurbishment of the TAS kitchen & library. Over the last couple of years our funds have gone to establish a P&C run Uniform shop with 100% of the profits going back to the school to help with funding of resources for students and staff.

All are welcome, we would love to see you at our next meeting.

**Betty Flower, P & C President**



# Mathematical Musings

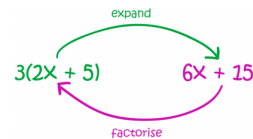
Welcome back. A new year and a fresh start!

The Maths faculty is using Canvas as the new online platform to support students' learning in mathematics. Students have been shown how to access Canvas in class. They can view the scope and sequence on the homepage of the course they are doing. Course index and contents can easily be seen by simply clicking on the relevant link. Students can also see and turn in their assignments on Canvas. Parents can see their children's grades, upcoming assignments and interaction in the course. It's a great opportunity to be a part of your children's learning journey.

| Stage 4   Year 8   Mathematics |  |   |                                      |
|--------------------------------|--|---|--------------------------------------|
| Term 1                         | <a href="#">Algebraic Techniques 2</a>     | <a href="#">Properties of Geometric Figures 1</a> | <a href="#">Equations</a>            |
| Term 2                         | <a href="#">Pythagoras' Theorem</a>        | <a href="#">Financial Mathematics</a>             | <a href="#">Linear Relationships</a> |
| Term 3                         | <a href="#">Linear Relationships cont.</a> | <a href="#">Single variable data Analysis</a>     | <a href="#">Circles</a>              |
| Term 4                         | <a href="#">Volume</a>                     | <a href="#">Properties of Geometric Figures 2</a> | <a href="#">Indices</a>              |

| Lesson Number | Task Description  | Date  |
|---------------|---|-------|
| 1             | <a href="#">Algebraic Techniques 1 Review</a>               | 01/02 |
| 2             | <a href="#">Substitution Part 1</a>                         | 02/02 |
| 3             | <a href="#">Substitution Part 2</a>                         | 04/02 |
| 4             | <a href="#">Numeracy</a>                                    | 05/02 |
| 5             | <a href="#">Expanding Brackets</a>                          | 08/02 |
| 5             | <a href="#">Expanding Brackets and Combining Like Terms</a> | 09/02 |
| 6             | <a href="#">Factorising Algebraic Expressions Part 1</a>    | 10/02 |

Algebraic Techniques 2: Index



## Numeracy lessons in Year 8

Numeracy involves students recognising and understanding the role of mathematics in daily life. It involves choosing and applying mathematical skills to solve problems in the world around us. Year 8 students have the opportunity once a fortnight to focus on

improving their numeracy skills.

# Mystery of the Bones

## 1. The Scenario

The remains of four girls have been discovered in a recent archaeological find. There are four bones from each girl left but archaeologists don't know which bones belong together. You have been engaged as the mathematician to work out which bones belong to which girl and approximately how tall the girls were.

## 2. Background clues



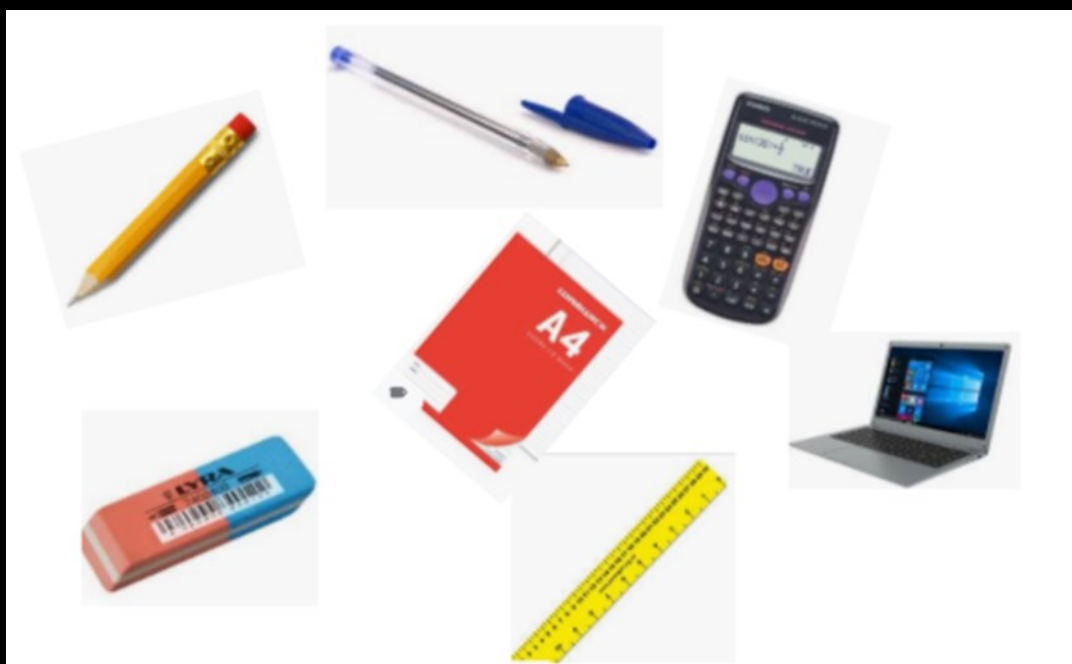
By knowing the length of certain bones in the body, scientists can estimate a person's height. The bones used are the humerus (shoulder to elbow), radius (elbow to wrist), femur (thigh bone), or tibia (knee to ankle).

The formulas for approximate heights (in mm) for males and females are shown in this table:

| Male height                                   | Female height                                 |
|---|---|
| $2.9 \times (\text{Length of humerus}) + 695$ | $2.8 \times (\text{Length of humerus}) + 704$ |
| $3.3 \times (\text{Length of radius}) + 846$  | $3.3 \times (\text{Length of radius}) + 800$  |

## Essential Equipment Needed in Maths

It is required all that students bring their essential equipment to every class so that they can make the most of the lessons. These items can be seen below





*“For it is in the simple act of reading where the living and the dead, the real and the imagined, meet. It is in the simple act of reading where we exercise those two most sacred of human vocations: compassion and creativity.” ~ Junot Diaz*

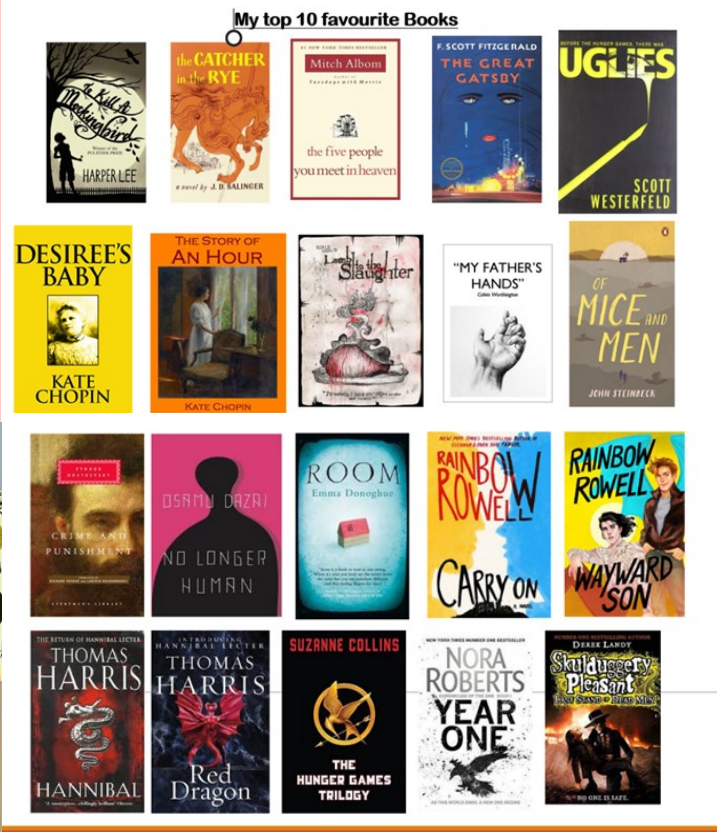
The Year 11 English syllabus starts with a focus on some of the most important skills in communication in the common module Reading to Write. Year 11 English Advanced began by reflecting on some of the most significant texts in their reading journeys.

We are delighted to share with you some of their words of wisdom and their favourite reads:

Poppy: “Books have always been an enormous part of my life. They satisfy my innate curiosity about the world and other people’s experiences, thirst for knowledge, and need for a refuge from the outside world. Reading also resonates with my love and appreciation of written expression and the abstract thought that it facilitates.”

Kiara: “Who needs reading when we live in a world of TV shows and computer games? However, these only provide amusement. Amusement, this word strays from two words “a” (non) and “muse” (think). Amusement does not allow one to unlock a world of endless possibilities and be taken anywhere in the world or even out of it. When you read you can be anything and everything you have ever dreamed of, which is something that non-readers will never experience.”

Liam: “Literature has undoubtedly sparked and stoked my flame of creativity throughout my entire life, inspiring me to continue to learn and grow as a person.”





**Benefits of Reading:**

- Improve students' reading skills through engaging in regular, sustained silent reading.
- Promote enjoyment in recreational reading.
- Foster independent reading skills, as well as concentration.
- Increase student reading achievement across literacy indicators.
- Increase student well-being through links to mindfulness.

CRESTWOOD HIGH SCHOOL  
VISION AND PROGRESS

**DEAR Program**

Don't forget to bring your book!  
Monday, Tuesday and Friday

## ***Drop Everything And Read!***

### ***DEAR at Crestwood High School***

DEAR, an acronym for Drop Everything and Read, is continuing at Crestwood High School for the third year. Every Monday, Tuesday and Friday from 10:21 a.m. to 10:34 a.m. every student and staff member is required to drop everything and read.

#### **Why DEAR?**

*"If reading is to become a lifelong habit then young people must see themselves as participants in a community that views reading as a significant and enjoyable activity."* **Kathleen Moran**

Fostering an environment where reading is seen as an important life skill, that is also enjoyable, is our core purpose in undertaking DEAR at Crestwood. The addition of thirty extra minutes of reading a week has been shown to have a significant impact on the reading levels of students. DEAR initiatives have also been responsible for increased library borrowing in schools. Furthermore, the modelling of reading by adults has been proven to have a positive influence on students. Many students have reported that they have continued to read their book at home for leisure as a result of the DEAR program.

#### **How does DEAR work?**

At the end of Period 2, a bell rings to indicate that students should pack up all other equipment and unpack their books from their bags. They then read silently until the next bell. The teacher also reads during this time to model good reading habits.

- Students are required to read a hard copy piece of literature, *NOT* their tablets, kindles or phones.
- All students are expected to bring a book for DEAR as it is part of their required materials for the day.
- Students read a book on their own, without interacting with the students around them. This will allow them to genuinely engage in the literature without distraction.

### **How can you support your child with DEAR?**

- Remind them to take their book to school every Monday, Tuesday and Friday.
- Ask them about what they're reading, along with their joys and struggles.
- Talk about your own reading with them.
- Model reading by reading in front of them.

We are looking forward to another successful year of DEAR!

## **Help support a Young Lady with a big Heart**

### **Krazy Kosci Climb**

Virginia Ouma is a Year 11 student who currently attends our school and is part of the Support Unit. She was born with Cerebral Palsy and is about to embark on the climb of a life time. She is taking part in Krazy Kosci Climb which aims to raise money for the Cerebral Palsy Association which has supported her in achieving so many goals in her life.



If you would like to support her please go to her donation page by following the link below and help her to reach her fundraising goal.

<https://www.krazykosciklimb.com.au/fundraisers/teamvirginia>

# Welfare News

Year 7 and 10 students will be receiving their vaccination packs next week. Please read all information carefully and return to Ms Mournehis (Year 7) and Mr Henderson (Year 10).

**SCHOOL RECEPTION INFORMATION – SCHOOL VACCINATION PROGRAM 2021**  **Health** Western Sydney Local Health District **HPRM No: 21/2288**



## Crestwood High School - 16th February 2021

Year 8 Clinic - 2nd dose HPV vaccine (COVID-19 delayed)



## Year 7 Clinic - 1st dose HPV and dTpa vaccine\*

- 4th May 2021
- Plus catch-up for some Year 8 students



## Year 10 Clinic - Meningococcal ACWY vaccine

- 3rd August 2021
- Plus catch-up for Year 7, 8 & 11 students
- Any Year 7 student who was absent or missed returning their consent form at 1st Visit will be caught up through-out the year\*



## Year 7 Clinic - 2nd dose HPV vaccine

- 9th November 2021
- Plus catch-up for any Year 7, 8, 10 & 11 students
- Questions? Contact Public Health on 9840 3603

# HSIE Happenings

## This fortnight in History...

28 Jan 1547 – King Henry VIII of England dies and is succeeded by his son, Edward VI who was only 10 years old.



28 Jan 1986 – The US Space Shuttle *Challenger* exploded 74 seconds into its flight, killing seven persons, including Christa McAuliffe, a teacher who was to be the first ordinary citizen in space.

30 Jan 1835 – President Andrew Jackson survives the 1<sup>st</sup> assassination attempt on a US President.

30 Jan 1946 – The UN General Assembly meets for the first time.



30 Jan 1948 – Mahatma Gandhi was assassinated by a religious fanatic. Gandhi had aided in the end of British rule in India through non-violent protest.

31 Jan 1943 – German troops surrendered at Stalingrad, marking the first big defeat of Hitler's armies in WWII.

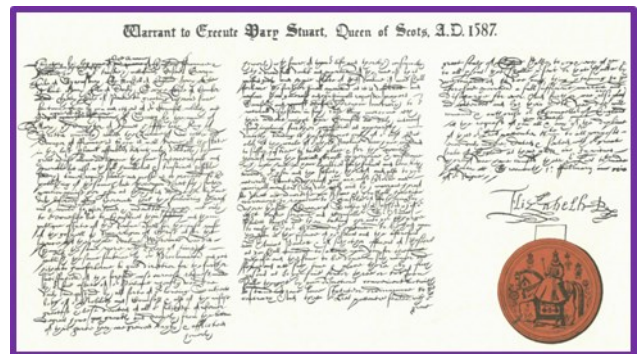


# HSIE Happenings

31 Jan 1968 – In Vietnam, the Tet Offensive begins as Viet Cong and North Vietnamese soldiers attack strategic and civilian locations throughout South Vietnam.



1 Feb 1587 – Elizabeth I, Queen of England, signs the Warrant of Execution for Mary Queen of Scots.

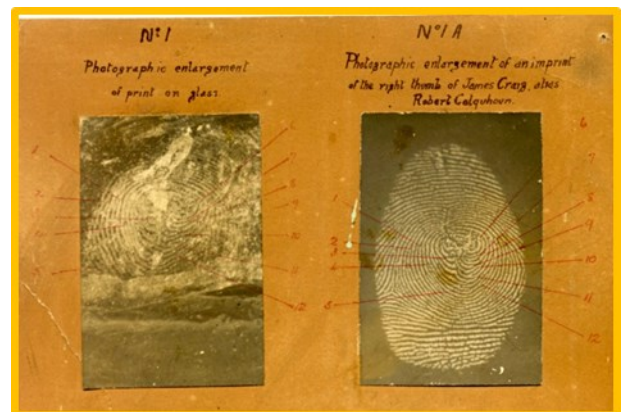


1 Feb 1965 – Rev Martin Luther King Jr. and 770 others are arrested in protest against voter discrimination in Alabama.

3 Feb 1943 – An extraordinary act of heroism occurred in the icy waters off Greenland after the US Army transport ship *Dorchester* was hit by a German torpedo and began to sink rapidly. When it became apparent that there were not enough lifejackets, 4 US Army chaplains on board removed theirs, handed them to frightened young soldiers, and chose to go down with the ship while praying.



3 Feb 1967 – Ronald Ryan, the last person in Australia to be executed for a crime, was hanged in Melbourne.



4 Feb 1906 – The New York Police Department begins finger print identification.



# HSIE Happenings

## ANZAC Ambassador 2020...

In 2020, Lillian White was selected as an ANZAC Ambassador for the Hills area. She attended both the Anzac and Remembrance Day events. Despite the COVID restrictions, Lillian was able to represent our school in a most respectful manner. She spoke fluently and passionately as she delivered her speeches and was well received by the community.

Congratulations and thank you to Lillian for representing us in 2020.



# Football

Our soccer program has a new Head Coach. Any students who may be interested in joining the program can see Mr Capano in the PDHPE staffroom.



## ANDRE SCHROEDER

### COACHING EXPERIENCE



MAMRE ANGLICAN SCHOOL  
2016-2020



MARIAN CATHOLIC COLLEGE  
2017-2020



MOUNTIES NSW PREMIER LEAGUE U13  
COACH 2020



FUTBOLTEC  
HEAD COACH 2015-2020



SOUTHERN DISTRICTS  
RAIDERS  
CURRENT HEAD OF SAP & U12S COACH

### PLAYING EXPERIENCE



MOUNTIES NPL  
2018,2019



SYDNEY UNITED  
2017



AUSTRALIAN SCHOOLBOYS  
2012



AJAX CAPETOWN  
2013

### ACCREDITATION

AFC/FFA C-LICENCE YOUTH

## Photos from training this week



# TAS TIMES

Year 12 Hospitality students are preparing for work placement. They will attend either week 4 or 5 of this term and they will showcase the skills they have developed throughout the course. These skills include customer service, taking food and drink orders, preparing espresso coffees, carrying multiple plates, table service, preparing non-alcoholic beverages and following safety and hygiene procedures.

This is one of the course requirements that is beneficial to gain customer service skills. Crestwood High School has a close network with employers and the workplace provider (AUSSIP) and students are often offered employment opportunities. Work placement is a valuable opportunity for students to gain insight into how the Hospitality industry functions. Students will also be expected to follow the COVID safety plan and will be required to wear masks.



# Uniform Shop

Welcome back to school from the Uniform Shop. We hope that you all had a relaxing and enjoyable break.

The Uniform Shop has had a very productive start to the 2021 School Year with the new Year 7 appointment system working well over the school holidays. We opened from the 18th of January for Year 7 Uniform fittings by appointment only due to COVID-19 restrictions. Thank you to everyone who made an appointment, we appreciated your timeliness and patience. It was terrific to see the excitement (mixed with a tinge of nerves) of all the new students, I hope that your first full week has found you all settled in.

The Uniform Shop has now returned to regular opening hours. We are open every Thursday, during the school term, from 7:30am to 11am. Any enquiries should be sent to [crestwoodhigh-school-uni@pandcaffiliate.org.au](mailto:crestwoodhigh-school-uni@pandcaffiliate.org.au) and I will endeavour to get back to you asap.

Unfortunately, the popularity of some items has seen us run out of stock of the following:

- Sports Jackets in size 16, S and M. Some stock expected Mid-March, more in late May.
- Girls Senior White Blouses in Size 16. Stock expected Mid-March.
- Girls Skirts in Size 6. Stock expected Mid-March.

We are also very low in some sizes of the sports polos. My apologies for any inconvenience this may cause.

If you cannot find an item on QKR! Please email me at the above email address.

A very big and heartfelt THANK YOU to the following ladies who have given up their time to volunteer in the Uniform Shop over the holidays and this past week. Your help has been greatly appreciated and at times quite the life saver! Mrs Lourdes D'Costa and her daughter Jordan, Mrs Hannah Ahn, Mrs Julie Ebsworth, Mrs Mandy Burns, Ms Deb Hatfield, Mrs Priscilla Hull, Mrs Vidhi Sharma and Mrs Paulina Ibarra who after buying her son's uniform came back to the shop to help out when she saw how busy it was! Thank you so very much everyone.

## Canteen and Canteen Committee News

- A very warm welcome back to the new school year to our entire school community, especially to all students and staff who have just commenced at Crestwood High School. We hope everyone had a most enjoyable holiday and are ready for a great year ahead!
- Our canteen volunteers and staff have been busy getting the canteen restocked and fully operational with continued adherence to our Covid-19 Safety Plan. Thank you to all those who are continuing on or have signed up as new volunteers. All assistance is greatly appreciated.
- We are desperately in need of extra volunteers to assist our staff in the canteen on the 1st, 3rd & 5th Mondays, 2nd, 4th & 5th Tuesdays, every Wednesday and the 5th Thursday of the month. Morning tea, lunch and lots of laughs provided in airconditioned comfort! If anyone can spare a few hours between 10am and 1.30pm on any of these days please ring our canteen staff on 9639-7422 Ext 117 or email the canteen at [crestwoodhighschool-can@pandcaffiliate.org.au](mailto:crestwoodhighschool-can@pandcaffiliate.org.au)
- A reminder to all students to order lunch at the lunch order window either before school or at recess to avoid later disappointment when the food of choice may no longer be available.
- The current Canteen Price List follows and can always be found on the school's website along with other information about the canteen.
- With the hotter weather ice blocks and ice creams are very popular. Twists are back in stock selling for \$1.50 each.
- A reminder that scientific calculators (\$30) and A3 Visual Art Diaries (\$10) as well as a limited supply of stationery items and exercise books are available for purchase from the canteen throughout the year.
- If any parent is interested in becoming a member of the Canteen Committee please ring our Canteen Committee Convenor Brenda on 0437 991 202 or alternatively leave your details via the canteen phone number or email address above. We are a sub-committee of the school's P&C and meet once per term, usually on either a Monday or Tuesday evening. New members always welcome.

## CRESTWOOD HIGH SCHOOL CANTEEN PRICE LIST

**\*PLEASE NOTE\***

**TO AVOID INJURY OR ILLNESS NO BOILING WATER WILL BE DISPENSED TO ANY STUDENT  
AND NO FOOD BOUGHT FROM HOME WILL BE REHEATED.**

| FILLINGS                                | Sandwiches/Rolls | Wraps          |
|---|------------------|----------------|
| Buttered Or Unbuttered bread            | V 1.00           |                |
| Chicken                                 | 3.00             | 3.50           |
| Chicken and Salad                       | 4.50             | 5.00           |
| Egg                                     | V 3.00           | 3.50           |
| Egg and Salad<br>VVV                    | V 4.50           | 5.00           |
| Ham                                     | 3.00             | 3.50           |
| Ham and Salad                           | 4.50             | 5.00           |
| Salmon                                  | 4.00             | 4.50           |
| Salmon and Salad                        | 5.50             | 6.00           |
| Tuna                                    | 3.00             | 3.50           |
| Tuna and Salad                          | 4.50             | 5.00           |
| Salad                                   | V 3.00           | 3.50           |
| Vegemite                                | V 1.50           |                |
| Tasty Cheese                            | V 2.00           | 2.50           |
| Tasty Cheese and Salad                  | V 3.50           | 4.00           |
| <b>EXTRAS</b>                           |                  |                |
| Lettuce                                 | .50              |                |
| Tomato                                  | .50              |                |
| Cucumber                                | .50              |                |
| Beetroot                                | .50              |                |
| Carrot                                  | .50              |                |
| Grated Tasty Cheese                     | .50              |                |
| <b>FRUIT</b>                            |                  |                |
| Red Apple, Green Apple, Orange,         | V                | When in season |
| Banana                                  | 1.00             |                |
| <b>SALAD (with fork)</b>                |                  |                |
| Salad                                   | V 3.00           |                |
| Add Egg or Cheese or Tuna               | 4.00             |                |
| Add Chicken or Ham or Salmon            | 5.00             |                |
| Fruit Salad (when available)            | V 2.50           |                |
| <b>SUSHI (Terms 1 &amp; 4 only)</b>     |                  |                |
| Chicken Teriyaki, Beef Teriyaki,        |                  |                |
| Tuna, Vegetable Sushi Rolls             | 4.00             |                |
| Rice Paper Rolls                        | V OPTION 4.50    |                |
| <b>ICE BLOCKS AND ICE CREAM</b>         |                  |                |
| Frozen Yoghurt - (with spoon) rasp/van  |                  |                |
| Mango/watermelon & Choc/Vanilla         | 2.50             |                |
| Licks Ice Block- pink lemonade or berry | 1.50             |                |
| Fruit Cup -Apple, A/B, Pineapple        | 1.00             |                |
| Fruit Tube - Assorted Flavours          | .50              |                |
| Paddlepop -Chocolate/Rainbow            | 2.00             |                |

| <b>HOT FOOD – Recess, Lunch and Orders</b>  |        |
|---|--------|
| Chicken Crackles                            | 2.50   |
| Hot Cheese Roll                             | 2.00   |
| 1/2 Cheese and Bacon Roll                   | 2.00   |
| Garlic Rolls                                | 1.50   |
| Hot Dog                                     | 3.50   |
| Hot Noodles (with fork)                     | 3.50   |
| Pie –All                                    | 4.50   |
| Rounda                                      | 3.50   |
| Sausage Roll                                | 4.00   |
| Spinach and Cheese Roll                     | V 3.50 |
| Toasted Cheese Sandwich(before school only) | V 2.00 |
| Banana Bread (before school only)           | V 1.00 |
| <b>ORDERS ONLY</b>                          |        |
| Hamburger or Cheeseburger                   | 4.50   |
| Chicken Burger                              | 4.00   |
| Chicken Tender Sub                          | 3.50   |
| Chicken Sweet Chilli Tender Sub             | 3.50   |
| Beef Lasagne (with fork)                    | 4.50   |
| Macaroni Cheese (with fork)                 | V 4.50 |
| Butter Chicken                              | 4.50   |
| Spaghetti Bolognese twirls (with fork)      | 4.50   |
| <b>SNACKS</b>                               |        |
| Carrot Cups                                 | V .50  |
| Celery Cups                                 | V .50  |
| Frozen Grape Cups                           | V 2.00 |
| Watermelon Cups                             | V 2.00 |
| Frozen Pineapple Rings                      | V 1.00 |
| Popcorn                                     | V .50  |
| Sea Salt Chips                              | V 1.50 |
| Rice Crackers                               | V .50  |
| <b>DRINKS</b>                               |        |
| Glee-250ml                                  | 2.50   |
| Fruit Juice Poppers - 250 ml                | 1.50   |
| Milk Plain - 300 ml                         | 1.00   |
| - 600 ml                                    | 2.00   |
| Milk Flavoured -Small                       | 2.00   |
| - Large                                     | 4.00   |
| Coke Brand Diet Soft Drink Can - 375ml      | 3.00   |
| Kirk Brand Diet Soft Drink Can - 375ml      | 2.50   |
| Up & Go - 250 ml                            | 2.00   |
| Water -Mt Franklin - 600 ml                 | 2.20   |
| -Pure -600ml                                | 1.50   |

**POSITIONS VACANT**  
1<sup>st</sup> Year Apprentices



Perfection Landscape Services Pty Ltd is a busy, established landscape company based in Seven Hills. We are looking to recruit Landscape Apprentices to work with our experienced staff as part of our Landscape Construction and Landscape Maintenance Crews.

The Apprentice role is suited to 1st, 2nd, 3rd & 4th year Landscape apprentices studying Landscape Construction Certificate III or Parks & Gardens Certificate III at TAFE. We will also consider those committed to starting an apprenticeship or labourers wishing to become part of our landscaping team.

The successful candidates will be required to observe and undertake a range of landscape construction and maintenance tasks including but not limited to; laying turf, planting, concreting, paving, drainage, irrigation, brick and block laying, mowing, whipping, edging, weeding, weed spraying in order to create high quality commercial landscapes.

Essential criteria for our ideal candidate include:

- (Construction) Be enrolled or willing to enrol at TAFE in Landscape Construction Certificate III.
- (Maintenance) Be enrolled or willing to enrol at TAFE in Parks & Gardens Certificate III.
- Current manual drivers licence preferred.
- Workcover White Card.
- Personal References.

Our ideal candidate would be:

- Goal driven and motivated.
- Well-presented.
- (Apprentice) Committed to their landscape career and study at TAFE.
- Willing to continually learn and improve on the job.

The application will include the following questions:

- Do you have working rights in Australia?
- Do you hold a Construction Induction Safety certificate (White Card)?
- Do you have a current Australian driver's licence (preferred)?
- Are you licenced to operate a manual vehicle (preferred)?
- Are you willing to undergo pre-commencement drug & alcohol testing?

The position is permanent full time with preferred hours from 6am – 3.30pm Monday to Friday.

If you would like to make any enquiries or discuss potential employment, please contact:

**Sean Murphy**  
QSES Manager



p: 0413 338 412  
e: [sean@perfectionlandscapes.com.au](mailto:sean@perfectionlandscapes.com.au)  
w: [www.perfectionlandscapes.com.au](http://www.perfectionlandscapes.com.au)

  Find us on Facebook and Instagram!

[www.perfectionlandscapes.com.au](http://www.perfectionlandscapes.com.au)

Perfection Landscape Services | ABN 77 096 353 294 | (02) 9838 4091 | PO BOX 6446 Baulkham Hills NSW 2153



## Crestwood HS 2020 Student Destination Survey

Dear Year 12 2020 students and parents,

Each year our school conducts the post destination survey from our recently graduated Year 12's and we conducted it through the 'Job jump'. The survey can be completed by Year 12 2020 or by their parent. If you know anyone from last year's year 12 it would be appreciated if you could ask them to complete the survey previously emailed to the family email account. It takes less than 5 minutes to complete. The data is very important to schools so we can have a good idea of our clientele post destinations and the developing career trends and helps us to meet the needs of our future students. If you have any questions please do not hesitate to contact Mrs Fisher on 9639 7422 ext. 111. Thank you. Mrs Fisher



**"Act, Create, Communicate"**

# The difference is dramatic....

**Boost your child's creativity, confidence, communication skills & self-development through drama**

**Students 5 - 17  
Enrolling for 2021**

**Classes held at Dural, Castle Hill, Quakers Hill, Bella Vista, Kellyville and Rouse Hill.**

**We don't Just  
teach Drama,  
we teach life**

**0438 788 080 | [sydneywest@ogradydrama.com.au](mailto:sydneywest@ogradydrama.com.au)  
[www.ogradydrama.com.au](http://www.ogradydrama.com.au)**