

# INFOLINE

## *Crestwood High School Fortnightly Newsletter*



### From the Principal

*By Tania Wright*

At the end of another busy term, it was a highlight last night to attend the 2nd MAD (Music and Drama) night in the school hall showcasing visual arts, drama and music performances. The number of bands who performed was outstanding and hopefully a sign of things to come. The students in the audience were highly supportive of their friends and we all enjoyed the performances. The musical performances ranged from The Beatles to Metallica.

On Friday afternoon the 5th July, students from years 7-10 will receive their school reports. School reports are emailed out to all parents. Please take the time to read your child's report carefully. We emphasize the significance of reading school reports alongside your child as a crucial element in their educational journey. These reports offer valuable insights into your child's academic progress, strengths and areas needing improvement. By engaging in this process together, you demonstrate to your child that their education is a

#### IN THIS ISSUE

PARENT TEACHER  
INTERVIEW DATES

---

FROM ENGLISH

---

FROM VISUAL ARTS

---

ONLINE CANTEEN  
ORDERS

---

WELFARE NEWS

---

YEAR 8 SUBJECT  
SELECTIONS

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MATHS MUSINGS



## From the Principal cont.

*By Tania Wright*

priority and that you are invested in their success. Moreover, discussing the contents of the report allows you to celebrate achievements together and set realistic goals for future growth. This collaborative approach fosters a sense of responsibility and accountability in your child, encouraging them to take ownership of their learning journey.

Furthermore, reading school reports together provides an opportunity for open dialogue about school experiences, challenges, and aspirations. It allows you to gain a deeper understanding of your child's academic and social development, enabling you to provide necessary support and encouragement. By actively participating in these discussions, you also reinforce the importance of communication and active engagement in their education. Ultimately, this shared experience cultivates a positive attitude towards learning, paving the way for continued academic success and personal growth.

It has been a busy and productive term. It is time for students and staff to relax, unwind and reset ready for term 3. Wishing you all a safe and restful winter break.



# DEPUTY PRINCIPAL'S NEWS

## Year 10 – Stage 6 Subject Selection

Thank you to all who attended Subject Information evenings last week. Recordings will be available shortly for those who would like to revisit some of the information that was tabled on these evenings. The recordings will be posted to the Subject Selection website - <https://sites.google.com/education.nsw.gov.au/crestwoodstage6/home>

Over the holidays, please take time to look through the student reports going home today and use that information to help inform subject choices for next year.

Please keep a lookout for information on the next phases – Parent Teacher interviews in Week 2 and Subject Selection interviews in Week 3. Please reach out if you have any questions.



# DEPUTY PRINCIPAL'S NEWS

## Year 8 Stage 5 Subject Selection

The first week of Term 3 will be the launch of Stage 5 Elective Subject Selection. Year 8 will be taken through the process, and parents will be emailed with information about elective choices. The website will also go live at this time. Please keep a lookout for information about this process early next term.



## Year 12 - Final Term and Trial HSC Examinations

Year 12 students are approaching their final assessment tasks and their trial HSC examinations. The schedule for the examinations has been distributed this week to allow students an opportunity to prepare for these over the break and into the first few weeks of next term.

It would be an appropriate time to access the resources on the Student Hub and from the Study Skills lessons in the Homeroom Canvas pages to develop a study plan. Some ideas for the holidays to help prepare for the trials include:

- Mapping out exams and assessments in a planner along with time blocks for study
- Consolidating your class notes and ensuring you have all the information you need for all topics in all of your subjects
- Creating a set of study notes for each subject

# DEPUTY PRINCIPAL'S NEWS

- Developing concept maps to visualise the connections between concept and content in your subjects
- Re-reading any set texts (for example your English texts) to really internalise the ideas that are in there



**Happy and safe holidays!**

A final note - please have a relaxing and safe break this winter, and we look forward to seeing you all refreshed and rejuvenated in Term 3!

**HAPPY  
HOLIDAYS**

# MAD NIGHT



On Thursday 4th July the CAPA Department hosted MAD Night to showcase the talents of our Music, Art and Drama Students. Thank you to all students and staff involved in making the night a success and thank you to all the guests who came to support our students!



# School Fees

Each year the school fees are set to cover the subject contributions, consumables in classes such as food technology, woodwork, art supplies, technology levy, textbooks and voluntary school contributions.

Families will receive an account for each child for these fees.

These accounts outline programs and resources being accessed by your child/children and prompt payment is appreciated. Additional to these school fees, money for excursions, incursions, sport and performances will be invoiced to families separately.

Some families may experience personal circumstances that could impact on their ability to make payment of accounts. If this is the case, please contact the School Administration Manager or the Principal.

# WELFARE News

The Australian Government has recently launched new resources about developing respectful relationships and avoiding gender based violence. As part of the resources they have created a simulation of a mobile phone to demonstrate to parents how quickly a young person's social media feed can lead them down a path that promotes disrespectful behaviour. This resource can be viewed at <https://www.respect.gov.au/algorithm-of-disrespect> and includes additional resources about having conversations with your child about respectful relationships.

## THE ALGORITHM OF DISRESPECT™

Explore a young Australian's social media experience now.

Please check your internet connection, as this experience includes large video and image files that may take a while to load.

Watch the [video version](#) or read the [text version](#) of The Algorithm of Disrespect™.

### THE ALGORITHM OF DISRESPECT™

The experience includes large video and image files and may take longer to load.

ENTER JAMES' PHONE

The Algorithm of Disrespect™ is an interactive educational tool, simulating the average young person's online experience, following the journey of a young boy named James.

It is designed to reveal and educate adults on the new, hidden forms of disrespect. Everything you're about to see is based on the type of content being served to young people on a daily basis, and has been recreated using actors.

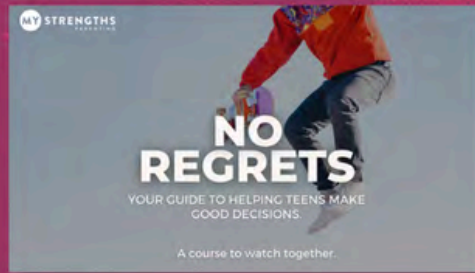
At certain points in the Journey, you'll be prompted to interact with the simulation. The entire experience will take 5-10 minutes to complete.



FREE ACCESS TO ALL



ONLINE COURSES



HEAD TO

[crestwood.mystrengths.com.au](https://crestwood.mystrengths.com.au)

# Welfare News

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## MyStrengths Parenting Resources

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An exciting resource we would like to share is the MyStrengths Parenting Resources/Courses. Our amazing P&C have paid for a 12 month subscription for the Crestwood HS community. There are a range of topics related to raising teenagers and provide strategies on: Screens and social media; How to handle a moody teen; Ways to build resilience: Addressing anxious

thoughts; learning to negotiate for a win-win; Sowing and Reaping ... and so much more. Please follow the link above and create an account to access this FREE resource.

Special thanks to our P&C. If you have any questions, you can contact me [tara.gleig@det.nsw.edu.au](mailto:tara.gleig@det.nsw.edu.au). Have fun learning and growing with your teen, Tara.

# Hills Shire Council's Youth Ambassador



Congratulations to Shivani

Last week, I was informed that Shivani Sundaranathan in Year 11 has been appointed as the Hills Shire Council's Youth Ambassador.

This prestigious role, which was highly competitive, had hundreds of student applicants. Shivani was selected as one of the ten finalists and subsequently impressed a distinguished panel, including the current Mayor, Dr Peter Gangemi, during her interview.

We are incredibly proud of Shivani for achieving this honour, and I believe her involvement in this role will be highly beneficial to both her personal development and her contributions to the school, especially as the current President of the Crestwood High School SRC and community.

Her new responsibilities as a Youth Ambassador will no doubt provide her with valuable experiences and opportunities to further develop her leadership skills. She has already commenced duties with the Hills Shire Council by attending events.

Congratulations Shivani on this outstanding achievement.

# PARENT TEACHER INTERVIEWS

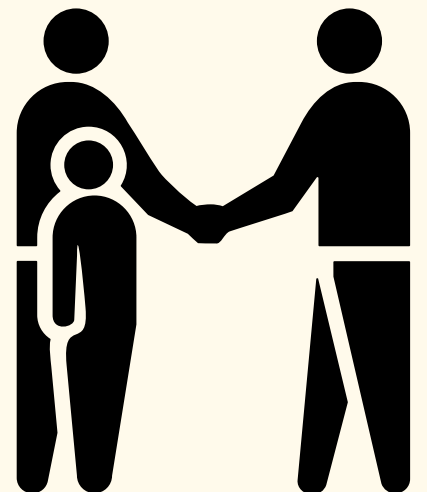


**YEAR 8 AND  
YEAR 10**

Tuesday 30th July 2024  
starting at 3.30pm

**YEAR 7 AND  
YEAR 9**

Thursday 8th August 2024  
commencing at 3.30pm





# YEAR 8 SUBJECT SELECTION INFORMATION NIGHT

Website launch - **Tuesday 23rd July**. Students should read the website information and subject selection curriculum booklet for all subjects that you are considering doing in preparation for the online session in week 3.

Subject selection evening online **Week 3 - Tuesday 6th August at 6pm.**

Further information will be available closer to the date.



# All the World's a Page:

## English/Drama News

Term 2 highlights in English!

As we wrap up a busy and creative term in English, here is a quick recap of what has been happening across Year 7-10.

### Year 7

Year 7 have spent the past week dazzling their classes with dramatic monologues that allowed students to develop their ability to apply formal features and devices of dramatic texts. They were challenged to effectively extend upon the representation of one character from their studied play. This task highlighted the skills Year 7 students have been working hard to develop in their first exploration of dramatic texts.

"I spent my whole childhood oblivious to ...well...everything. Duff, he was the bright star, untouchable, unreachable, the biggest mystery of all. I lived a lonely childhood, with nothing but Fraulein Gelber and my tear sodden doll; I had no friends, and I didn't go to school, and the happiest days I spent as a child was when he came to see me, not often but still, he took the effort to see me, to talk to me, and that meant everything."

### Year 8

Year 8 recently completed their end of term assessments. They were tasked with examining how the media can influence a variety of real world issues and needed to 'Seek the Truth' on these topics. Students tackled this problem from a variety of angles and produced a wonderful range of presentations that enlightened their class and teachers on the real impacts of media in the modern world. Through this task students let their creativity shine and explored topics that even their teachers hadn't considered which was a thrill to all and a wonderfully collective learning experience.



# All the World's a Page:

## English/Drama News

"I enjoyed the task because it showed me some real world issues and it was challenging but not too hard that I felt threatened or discouraged to complete it. Doing the task gave me more perspective of how social media affects human life and how we can change that factor of media to be less harmful to us."

"The task gave me a new perspective on the real world effects of the media to seek the truth of how damaging AI is to education. I now have a perspective on the consequences students have to face while incorporating AI into education."



### Year 9

Year 9 have wrapped up their study of William Shakespeare's tragedy, *Romeo and Juliet* with completion of their assessment task and an Escape Room activity in the hall. The escape room challenged both their teamwork skills and their knowledge of the play. The lucky winners were awarded with delicious prizes and of course, bragging rights. Students have also explored the ongoing relevance of Shakespeare's literary works through exploring modern intertextual references including; Baz Luhrmann's *Romeo + Juliet* and the parody, *Gnomeo and Juliet*.



# All the World's a Page:

English/Drama News

## Year 10

Year 10 have wrapped up their close study of an auteur with a discursive essay. Students studied either a suite of films from Tim Burton or Christopher Nolan, with the purpose of analysing the distinctive features of their filmmaking. After studying their composer's background and experiences, students analysed how real world experiences influenced the creation of several famous films including; *Edward Scissorhands* and *The Dark Knight*.





## **Year 12 Ancient History Greek feast**

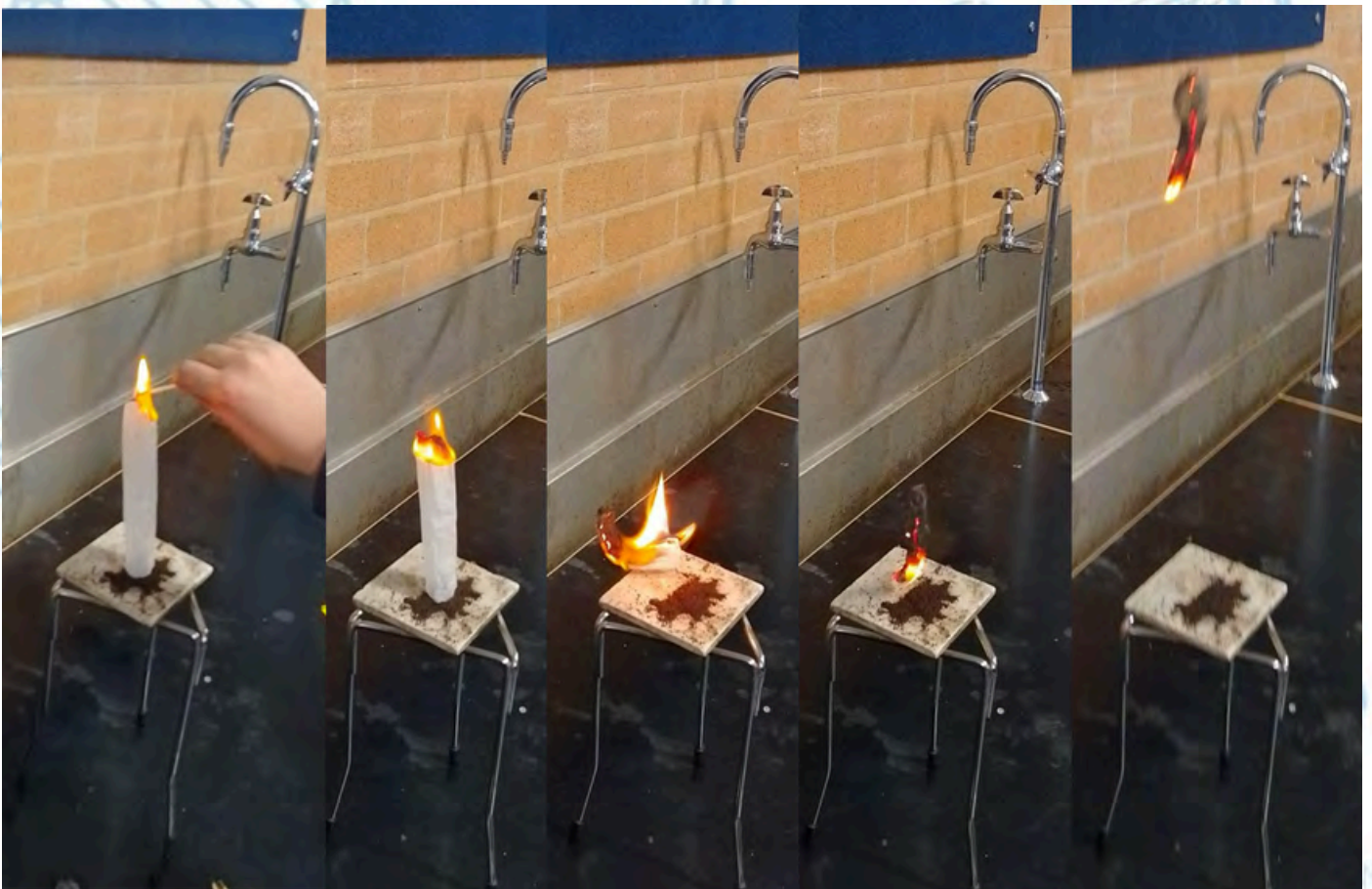
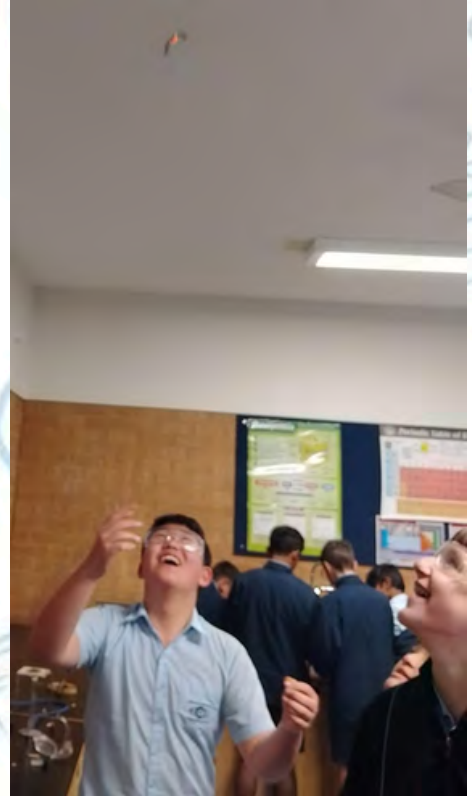
Year 12 Ancient History enjoyed their last lesson of Term 2 with a Greek feast. They have been studying “The Greek World” and “Athenian Society in 5th C BCE” for the last two terms. We all thoroughly enjoyed a richly deserved Greek feast.



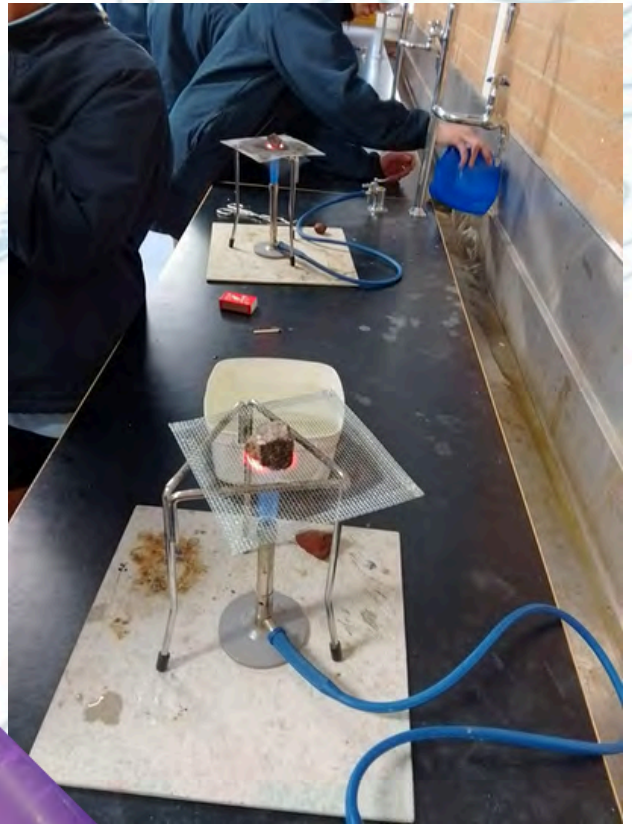


# Science matters.

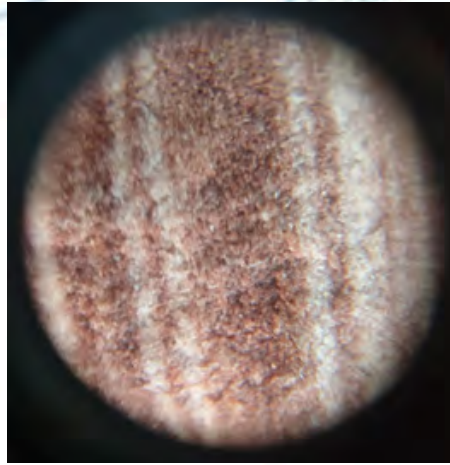
Year 8 continue to examine heat movement by conduction, convection and radiation, looking at heat rings and tea bag rockets.

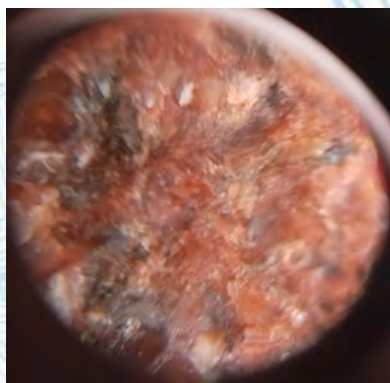
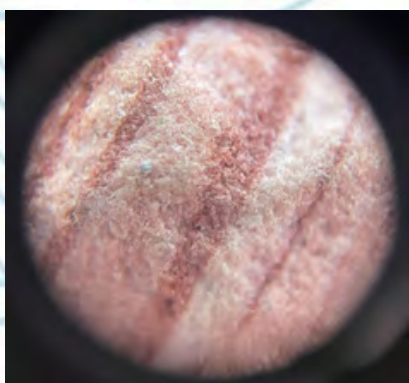
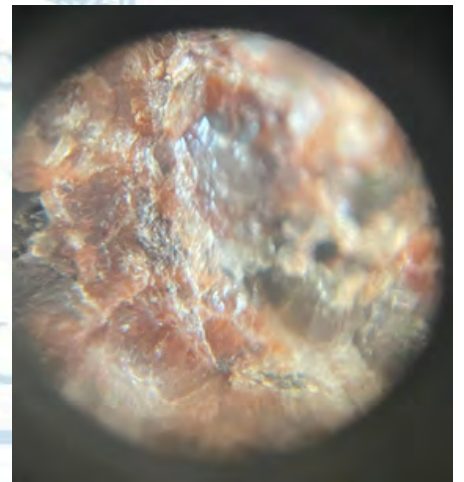
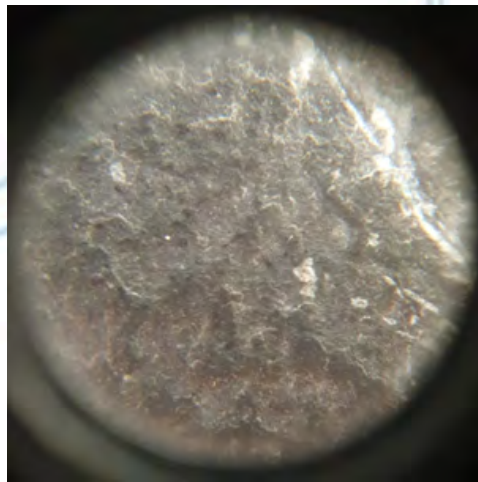
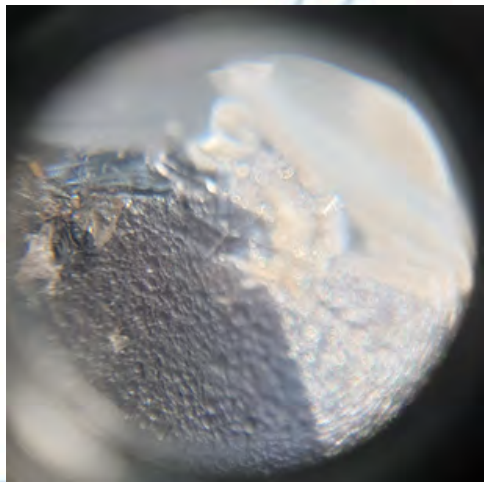
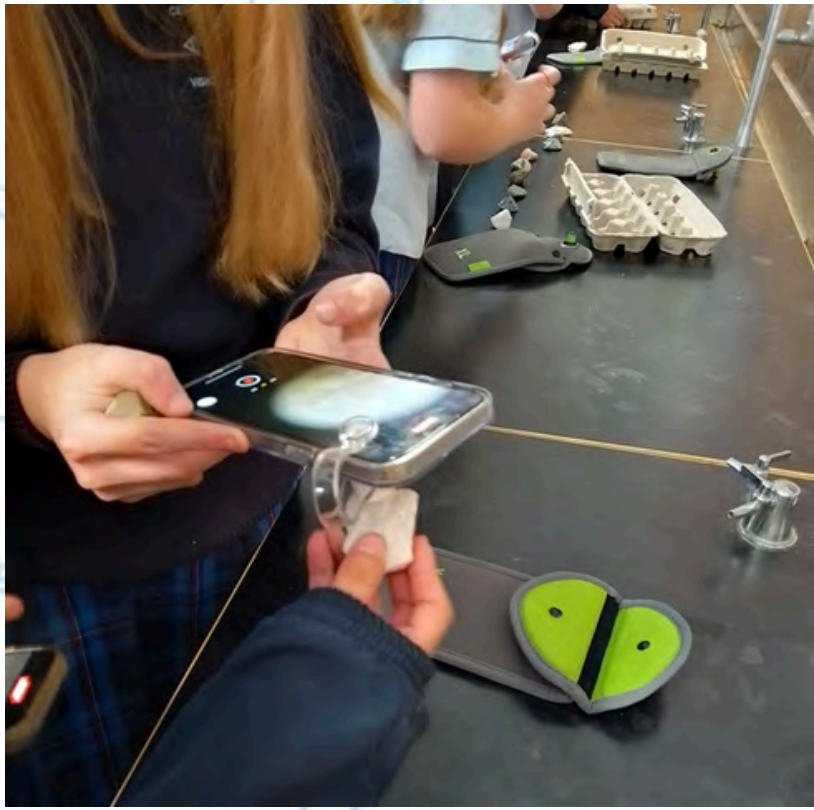


Year 7 scientists are examining the weathering and erosion of rock by heating and cooling, making sure not to burn anything else in the process.



Despite being locked in their pouches for most of the day, the technology of the mobile phone can be used for Science! The GoMicro hand-held microscopes are used to examine the structure of rock samples to determine their origin.





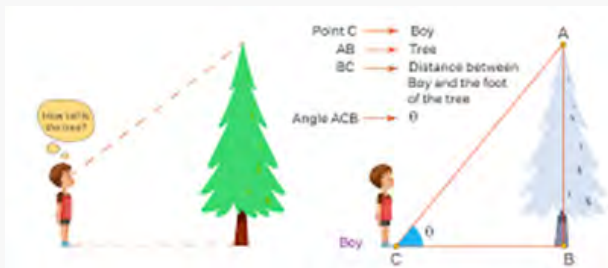
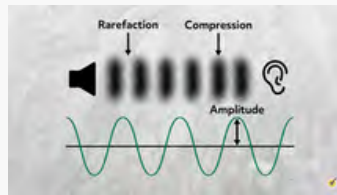
# Maths Musings

## Importance of Trigonometry

Year 10 Mathematics Advanced students are studying Trigonometry and Pythagoras' Theorem at the moment. Trigonometry is a branch of mathematics that studies relationships involving lengths and angles of triangles. It is widely used in various fields such as physics, engineering, astronomy and architecture. For example:

### Wave Motion:

Trigonometric functions are used to describe the motion of waves, including sound waves, light waves, and water waves. The sine and cosine functions help model the oscillatory behaviour of waves.

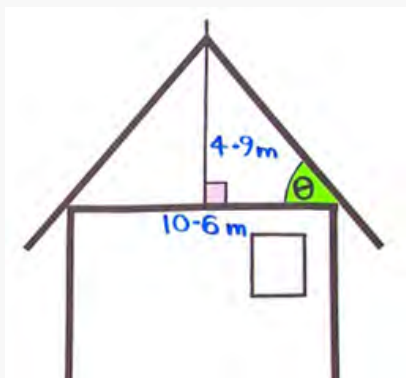


### Land Surveying:

Trigonometry is used to measure and map land. Surveyors calculate distances, angles, and elevations to create accurate maps and property boundaries.

### Design and Construction:

Architects use trigonometry to create accurate blueprints and design plans for buildings. It helps in calculating heights, angles, and distances to ensure structural integrity and aesthetic appeal.



### Roof Design:

Trigonometry is used to determine the slope and dimensions of roofs, ensuring proper drainage and structural support. Calculating the angles and lengths of roof components is crucial for a stable and functional design.

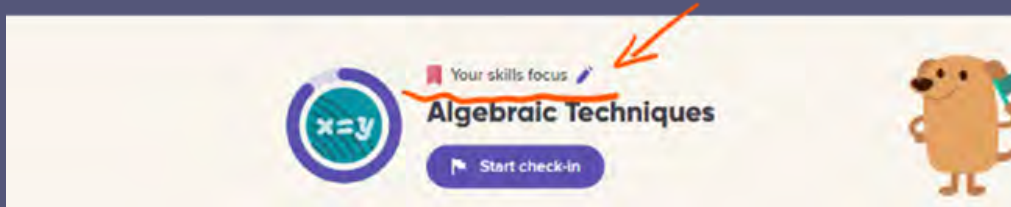
# Maths Musings

## Mathspace

School holidays are approaching, providing an excellent opportunity to revise and enhance the knowledge and skills you have learned. Mathspace is a fantastic online platform that offers comprehensive, curriculum-aligned content. It features personalised questions with step-by-step adaptivity and diagnostic check-ins to continuously assess your progress. Students can use Mathspace to study lessons or practise with question sets to challenge themselves and improve their understanding.

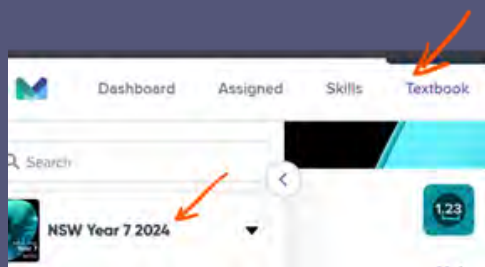
How can you use Mathspace more effectively at home? Here are some tips.

- Set your skills focus: You can select 'Yes, change' for a recommended skills focus, or navigate to a new skills focus via the Skills map and select the flag to 'Make this my skills focus'

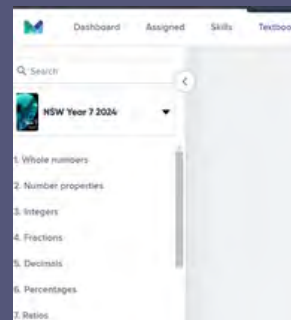


- Use textbooks

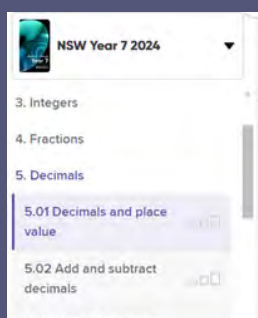
a. Click on the textbook icon on the left panel to open up the Textbooks feature.



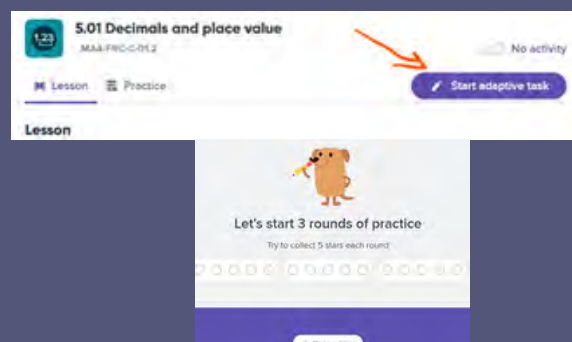
b. Click on a topic name to select your topic



c. Click on a subtopic name to select your subtopic

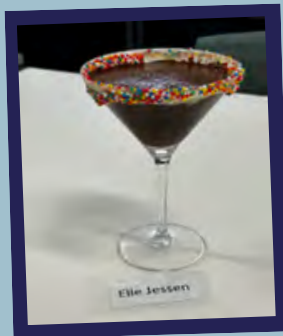


d. Click on *Start Adaptive Task* after you have reviewed that lesson.



# TAS TIMES

The Year 12 Hospitality students have been diligently working to prepare and serve espresso coffee and non-alcoholic beverages, spending the term practicing the necessary skills to meet industry standards.



As cafe' attendants, students engaged in various activities to prepare and operate a simulated cafe' over at least twelve service periods. They have learned to:

- Follow all standard operating and reporting procedures
- Meet hygiene standards, adhere to the dress code, and seek assistance or advice when needed.
- Demonstrate the ability to solve simple issues as they arise.

Students were required to participate in and demonstrate their competence in the following cafe' operations:

- Cafe' pre-service setup
- Running service periods
- End-of-service tasks.

At the end of each service period, students are expected to document their work area and obtain verification from their teacher by signing off.



**ARTWORK OF  
THE WEEK**

HazelBurbridge  
Year 10 Visual Arts

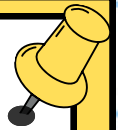
View the 2024 Online Exhibition

<https://sites.google.com/education.nsw.gov.au/2024vaonlineexhibition/home>



# HSIE HIGHLIGHTS

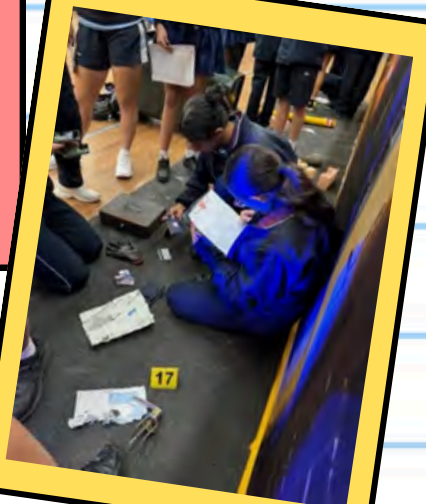
## YEAR 9 AND 10 LEGAL STUDIES



Students from 9 and 10 Legal Studies had Luke Taylor from Crime Story visit Crestwood High and transform the hall into crimes scenes and students into detectives. Crime Story uses combinations of 6 x 2.25 metre digitally printed, scale images of crime scenes. Enhanced with real exhibits like shell casings, cigarettes, safes, cashboxes, DNA, fingerprints, wallets, cameras, computers, stools, lock-picks, fabrics . and elements that students must decide is evidence. Students sorted their way through hundreds of pieces of evidence across multiple, interlinked crime scenes. From a potential armed robbery in a diner to a dark alleyway or a trashed office, students followed the evidence by learning alongside a detective.



# HSIE HIGHLIGHTS



# HSIE HIGHLIGHTS

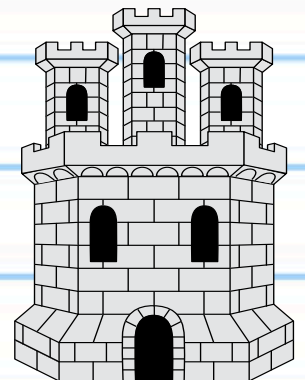
## YEAR 8 HISTORY INCURSION

On Friday 28th June, Year 8 participated in a Medieval and Ancient Chinese History incursion. Students were able to learn about life in medieval times and in ancient China. Students learnt about the development of weapons and armour, different social roles of both societies as well as the types of technology available during these time periods. Some students were given the opportunity to get dressed up in clothes from medieval times and ancient China, which gave the audience a good laugh.

After an informative talk, students had the opportunity to interact with ancient and medieval artefacts.



# HSIE HIGHLIGHTS



# MUSIC UPDATE



## BATTLE OF THE BANDS

Following on from our post in the last newsletter about the Year 12 band 'The Geeky Goobers', the band came 2nd place in the Best of the West competition held in Parramatta Square. The trio competed against other local school students in a battle of the bands style competition. They performed with energy and enthusiasm and were complimented by the judges on their original composition, musical style and stage presence. Their second place prize included a recording session and a gig spot at the Parramatta Lanes festival in October - what an exciting opportunity!



**CONGRATULATIONS**  
to Indigo Araujo,  
Raya Shayk and  
Natalie Tepsic on  
their achievements!



Fortnightly updates and events from the CHS library

# LIBRARY NEWS

The library continues to be a busy place with lots of exciting new happenings! Coming up this fortnight:

## HOLIDAY READING

Happy holidays from the library! The winter holidays are the perfect time to dive into a good book, so students are welcome to keep books borrowed in week 10 through the holidays, to be returned in week 1 of term 3. Don't forget to check out the library displays for some book inspiration!



## NAIDOC WEEK

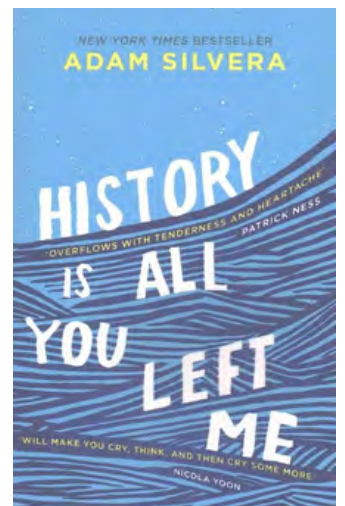
NAIDOC Week extends from the 7th to 14th of July. 2024's theme is: "Keep the Fire Burning! Blak, Loud and Proud", honouring the enduring strength and vitality of First Nations culture with cultural performances, art exhibitions, and community festivals. Keep an eye out in the first week of the July holidays for NAIDOC week celebrations around Australia!

## WRITING BOOK REVIEWS

### History is All You Left Me

History is All You Left Me, written by Adam Silvera is a heart-touching teenage romance novel whose protagonist carries a heavy burden and an aching heart. The story is told from the perspective of Griffin, who had just lost a loved one he will never get back. History is All You Left Me is a twisting book for all to read, with many discoveries and surprises along the way.

**To have your book review featured like this in the newsletter, submit a short review in the library!**



## PRC REMINDER

Don't forget that the PRC is ongoing until August 23rd- it's not too late to start and the library is a great source to fill up your booklist! Access the PRC website for more info and to submit books at: <https://online.det.nsw.edu.au/prc/home.html>.

# SPOTLIGHT ON THE SUPPORT UNIT



## WORK EXPERIENCE

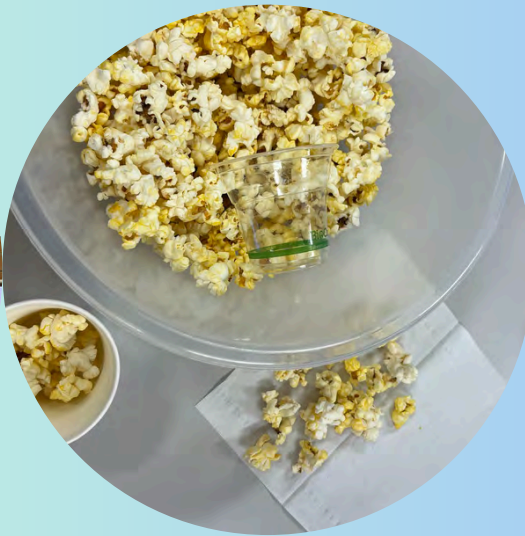
Students in Years 11 and 12 have been actively participating in weekly work experience and community access activities. They are acquiring valuable skills at a pharmaceutical company, where they assist in packaging and sorting products. They are also thoroughly enjoying their community access sessions, where they navigate shopping centres and develop their independence.



# SPOTLIGHT ON THE SUPPORT UNIT

## MATHEMATICS

This term in mathematics, students have been focusing on the topic of measurement. They have been learning about capacity, describing objects as full or empty. They participated in a fun and engaging activity where they practiced their capacity skills by filling cups with popcorn to various levels.





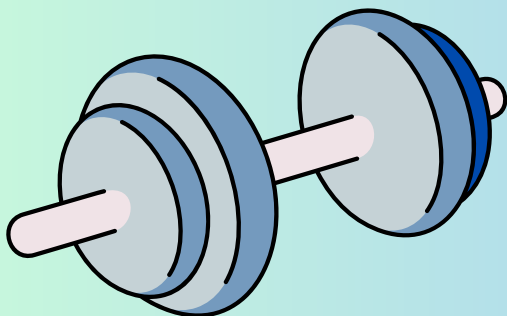
# SPOTLIGHT ON THE SUPPORT UNIT



CRESTWOOD GYM



Every fortnight, students are building their strength in PDHPE at Crestwood Gym. They are enjoying the opportunity to exercise outdoors and work on their fitness goals.



# SPOTLIGHT ON THE SUPPORT UNIT



MUSIC



Stage 6 students have been practicing their musical composition skills, producing impressive pieces of music. They've explored a variety of instruments, including drums and piano, to experiment with different sounds and rhythms.



# CAREERS

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# NEWSLETTER



## Apprenticeship or the HSC?

Is it better to get an apprenticeship or complete your HSC?

Our current employment situation in Australia means many opportunities for jobs are available to our students especially apprenticeships. Many students and their families are questioning whether it is better to leave school before they complete Years 11 or 12 to take up one of these opportunities.

Arguments are made that students should stay at school until they are 17 or to get more maturity before they leave school, or they need or want a HSC before they commence their apprenticeships as they may want to go to university later in life. Even though apprenticeships are in abundance now this can change quickly as in the past when economic slowdowns occur and unemployment increases.

Many people think the HSC is the gateway into university, which is the only prescription for a lucrative career, but that is not the case as there are hundreds of opportunities in the vocational education and training (VET) sector that provide sustainable and well-defined career pathways that can eclipse university trained graduates.



The HSC is also only one pathway into university. The HSC is equivalent to Certificate II on the Australian Qualification Framework (AQF) while an apprenticeship or traineeship is a Certificate III or IV enabling students to enter university after completion. Any VET qualification of Cert IV or higher enables a person to enter university. The ATAR/HSC is only one component of the calculation of the university selection score.

There are many reasons to consider opportunities and pathways other than the HSC and senior school. The first one includes it is a change from the classroom and school. School no longer is meeting their needs and they are ready to learn transferrable skills doing real jobs in real work environments. As apprentices they will gain softer skills that help them throughout their career and make them more confident and mature such as team working, effective communication and problem solving.

# CAREERS

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# NEWSLETTER

Apprentices also are completing an 'earn-while-you-learn' model which means that they are making money, having an employer pay for their learning (avoiding HECS), learning real skills from experienced employers and gain a qualification at the same time. The employment rate after qualifying as a tradesperson is 91.4% in their occupation as opposed to a university graduate at 64%.

The biggest draw card for an apprentice is that they are doing something they really enjoy, they are learning and really understanding an industry in a career they like and with many workplaces they get to meet different people and make new friends and network with potential employers of the future. Once they complete their apprenticeship graduates are often offered a permanent position with a well-defined career path, competitive income and they may even be prepared to start a business of their own.

Students who are considering transitioning from school to work or TAFE should see Mrs Fisher to discuss their options and what we can offer to help with the transition.

## Work Experience Year 10



Congratulations to all Year 10 students who participated in the work experience program. Employers were called or visited during the placement. Overall, the feedback was extremely positive with many employers being very impressed by the level of maturity and enthusiasm of our Year 10 students. We had some students being offered apprenticeships and part time jobs, and many coming back with exciting stories to tell. A big thank you to all the local community members that supported this program by hosting a student.

The benefits of work experience are very important to students for many reasons especially for getting into any career. No one can live life without learning something. What you learn and experience can often determine your success and failure in life. Learning combined with real life on the job experience is a winning formula for success. Your choices and your experience create the future for you. Work Experience enables them to explore possible careers choices before fully committing to it. Work experience for many Year 10's would have been the first time for them to get an understanding of the work environment and what employers expect of their employees. This experience helps them to develop generic work skills and helps students to develop appropriate attitudes towards work and that will make them better equipped to make informed decisions for their future pathway.

# CAREERS

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# NEWSLETTER

## Work Experience Year 10



# UNIFORM SHOP

## They're back....



Our stock of size 16 boy's blue shirts has arrived and can be ordered online or purchased in person at the uniform shop. We have fulfilled all the backorders with ample stock still available. With the rainy weather making it difficult to dry uniforms, why not consider keeping an extra shirt on hand.



The uniform shop will be closed during the upcoming school holidays. Normal trading hours of 7.30am – 11.00am will resume on Thursday, 25th July 2024. In the meantime, you're welcome to reach out to us via email with any questions you may have.

Our email address: [crestwoodhs-uni@2153pandc.onmicrosoft.com](mailto:crestwoodhs-uni@2153pandc.onmicrosoft.com)

Website: <https://crestwood-high-school-uniform-shop-107119.square.site/>



We would like to wish our school community an enjoyable break and look forward to assisting with your uniform needs in the new term.



**EXCITING  
NEWS**

**MUNCH MONITOR IS  
AT CRESTWOOD  
HIGH**

Dear Parents,

We write to you with exciting news, starting in term 3 on Tuesday the 23rd July 2024, you can now order recess/lunch for your children online via the Munch Monitor website. Our school is connected already, and you are to log in and set up your child's profile. Recess and lunch orders can be made in advance or on the day up to 9 am.

There is a secondary function to the Munch Monitor system where you can allow your child spending allowance. This means their school ID becomes a valid form of payment at the canteen window. You can preload the account with credit and set daily or weekly limits, alerts, and allergy warnings.

In real life, it just means that our students won't have to miss out on a lot of break time by lining up to place and then collect their orders. With the move to 30 minute breaks at lunchtime, we noticed that by the time we serve everyone, some students only get a couple of minutes to eat their lunch, so this is hopefully the way to improve everyone's lives.

Thank you from P&C Canteen



making your school day easy



# MunchMonitor

**MunchMonitor** is an online service that provides an easy and simple way for parents and carers to place and pay for orders from **canteens**.

Access from any place with web connection

- Use current web browser from computer, laptop and mobile devices
- Only one Parent account is required for all children
- Complete child profile including allergies and banned foods
- Enable to plan food orders up to 4 weeks
- Enable to place uniform or school shop order 24/7 even on breaks
- Secured credit card and debit card payment

The cost is only \$4.65 (incl GST) per school term for each parent account. This includes all children that study in schools using MunchMonitor.

**NO SETUP FEE**  
**NO ORDER FEE**  
**NO TOP-UP FEE**

**Help is available** from implementation to day-to-day ongoing support

- Phone support is available through 1300 796 190
- Email support is available through [help@munchmonitor.com](mailto:help@munchmonitor.com)



# How does it work for Parents?

Getting started is easy

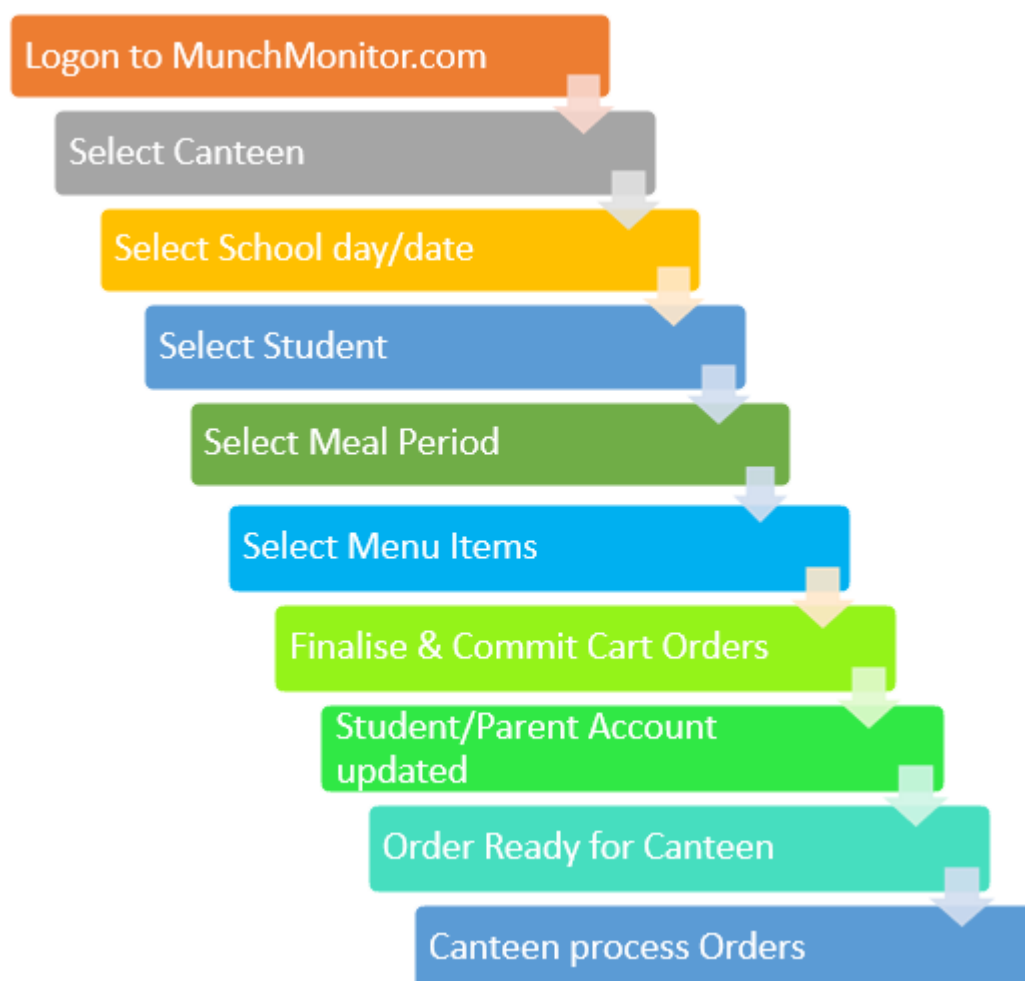
## • Register & Setup Parent Account

- *Use Web Browser*
- *Use Computers, laptop, tablet or Smartphone*
- *Only 1 parent account needed*
- *Link to 1 or more Student in School*
- *Enter Parent Details*

## • Setup Student Account

- *One Profile per Student*
- *Upload Photo*
- *Setup Snack Money Allowance*
- *List Allergies*
- *List Banned Foods*
- *Top-up student account*
- *Student to visit canteen to have their School ID Card assigned to their MunchMonitor account*

## Simple Order and Account Management





**SAVE TIME with our ONLINE CANTEEN!**

**Crestwood High School**

**accepts online orders using Munch Monitor**

**Setting up an online account is easy!**



1. Go to **www.munchmonitor.com**
2. Click **REGISTER**
3. Enter
  - School ID: **cwhs**
  - Password: **munch2153**
4. Enter your **email address**
5. Enter the **password** you want.  
Make sure you can remember your password
6. Review and tick on the **Privacy Policy**
7. Click **Register**
8. Click on the **Activation Link** in the email we sent
9. Follow the steps to **create your Parent Profile**
10. **Add Students** to your account
11. Click on **Account Top-up** to transfer money into your account
12. **You are now ready to order online!**



### Quick Information

#### Using MunchMonitor Parent Portal Online Ordering

- You can place orders online up to 4 weeks in advance
- Top-up your account online using Debit/VISA/MasterCard
- List allergies to alert canteen staff
- You can order anytime you want using web browsers such as Chrome or Safari
- You can use desktops, laptops, tablets or smart phone with internet access
- It only cost \$ 4.65 (incl-GST) per school term for the family account
- No sign up fee
- No transaction fee

#### Giving Student Snack Money using MunchMonitor

- In the Student Profile, tick YES in ALLOW SNACK MONEY
- If you selected DAILY ALLOWANCE, enter the daily amount and the days to use
- If you selected WEEKLY ALLOWANCE, enter the weekly amount
- You can set banned food items from the menu
- **Students use their Student ID cards which are scanned and registered to their MunchMonitor Student Profile.**
- If you currently have an account for a student attending another MunchMonitor school, you will need to create new profiles on your current account for the new school, to do this go to MY ACCOUNT/PROFILES then you will see the student profiles appear, you need to select Add a New Student, complete the first section of the profile but when you reach the school details you need to select Crestwood High School from the dropdown list and enter the school ID & Password provided on this sheet.

Call us at **1300 796 190** or email us at **help@munchmonitor.com**  
if you require further assistance.

**MunchMonitor...making your school day easier**

# SETTING UP SNACK MONEY WITH MUNCH MONITOR

A screenshot of the Munch Monitor profile settings page. The page is framed by two vertical green bars. At the top left is a circular profile picture of a student. To its right is an "Upload" button with a camera icon. Below the upload button is a text box with instructions: "Only photo (.jpg, .jpeg or .png) smaller than 2.5Meg (2,500kb) can be uploaded. The larger the file size of the photo, the longer it will take to upload." Below this is a checkbox labeled "I have read & agree to the Terms of Use." The "Settings" section follows. It includes a checkbox labeled "Allow snack money?" with a red box and the number "1" next to it. Below this are two radio buttons: "Daily Allowance" (selected) and "Weekly Allowance", with a red box and the number "2" next to them. A text input field contains "\$ 10" with a red box and the number "3" next to it. Below that is a row of checkboxes for days of the week: Mon, Tue, Wed, Thu, Fri, Sat, and Sun. The checkboxes for Mon through Sat are checked, and there is a red box and the number "4" next to this row. Further down are three more checkboxes: "Has Allergies?" (checked), "PSSA (NSW Only) Participant?" (checked), and a text input field containing "salad, nuts". At the bottom are two buttons: "Cancel Changes" and "Save Changes".

## SNACK MONEY SET UP GUIDE USING STUDENT SCHOOL ID CARDS

1. Login to Munch Monitor
2. Select the MY ACCOUNT tab and select PROFILE from the drop-down list.
3. While in the PROFILE section select the students profile you wish to add snack money
4. Tick the allow snack money option **(as above labelled 1)**
5. Choose between either a daily or weekly allowance **(as above labelled 2)**
6. Select the amount you want to allocate to snack money for the day/week **(as above labelled 3)**
7. Select the days that snack money can be used, this applies to daily amount only **(as above labelled 4)**
8. We recommend if using the snack money feature that you include a clear photo of your student **(JPEG format only)** on their profile for easy identification by the Canteen Staff.
9. Save the changes and exit the Student Profile
10. On your students next visit to canteen please ask them to take their Student ID Card with them and it will be scanned by the canteen staff and recorded on their Student Profile they will then present with their card each time they would like to purchase using their Snack Allowance.

# Is your child in year 7 or year 10?



Provide your consent for routine  
school vaccinations online



Scan the QR code to  
give your consent now



To provide online consent visit:  
<https://engage.health.nsw.gov.au/engage>

For more information visit:  
[health.nsw.gov.au/schoolvaccination](https://health.nsw.gov.au/schoolvaccination)

BECOME A WARRIOR  
WITH  
**WINSTON HILLS**  
**BASEBALL**



**TRY BASEBALL DAYS IN JULY & AUGUST**

BOYS AND GIRLS 4 - 16 YEARS

GAMES ON SATURDAY MORNINGS

GAMES BETWEEN 60 - 90 MINUTES

SEASON RUNS FROM SEPTEMBER - MARCH

4 - 5 YEARS BEE BALL (FRI NIGHTS)

5 - 8 YEARS TEE BALL

9 - 10 YEARS MOD BALL

11 - 16 YEARS BASEBALL

**HOME GAMES & TRAINING AT COL SUTTON PARK BAULKHAM HILLS**

AWAY GAMES IN LOCAL HILLS AREA

**REGISTRATIONS OPEN 6 JULY**



[WWW.WHJBC.ORG](http://WWW.WHJBC.ORG)





school  
HOLIDAY  
program



# Animal Careers Day





Are you a teenager interested in a career working with animals?

18th July, 2024

9:00 AM - 3:00 PM

Open to students in Years 7 through 12

## Program Overview:

-  Meet and interact with RSPCA NSW professionals, including an Inspector, Animal Carer Officer, Animal Trainer, Veterinarian and Vet Nurse.
-  Behind-the-scenes tour of our veterinary clinic and animal shelter.
-  Meeting a variety of our animals available for adoption.
-  Learn about animal career pathways.





**Sydney Adoption and Education Centre**

201 Rookwood Road, Yagoona NSW 2199

SCAN ME



## RSPCA NSW Education Team

 02 9782 4478     [education@rspcansw.org.au](mailto:education@rspcansw.org.au)

 <https://events.humanitix.com/host/rspca-nsw>

**RSPCA**   
New South Wales