9TH FEBRUARY, 2024

INFOLINE

Crestwood High School Fortnightly Newsletter



From the Principal

By Tania Wright

Welcome to our Crestwood families for 2024. We are looking forward to an exciting and productive year.

Last Thursday we welcomed our new Year 7 students and initial feedback and observations, indicate they are enjoying high school and are transitioning successfully. The Peer Support program, ably led by our year 10 peer support leaders, is pivotal in supporting our incoming students and familiarising them with the new school environment and making them feel more comfortable. The Year 7 students I have interacted with in Home Room groups and in the playground have all said they are enjoying high school.

During the holidays there has been several significant projects to enhance our school learning environments. I am pleased to announce that an air conditioner has been installed in the hall. This will be a welcome relief on those very hot days when we host assemblies, and we are making the hall available for all students to go into at lunchtimes on very hot days. Students across the school also sit for their formal examinations in the hall throughout the year among other specialist activities, so this space will be more comfortable. I would like to acknowledge the work of the Deputy Principal, Mr Mark Johnstone, in being on site regularly during the school holidays to facilitate this and several other projects.

IN THIS ISSUE

SPORT CHOICES

SCHOOL PHOTOGRAPHS

WELFARE NEWS

TAS TIMES

HIGH ACHIEVERS ASSEMBLY

UNIFORM SHOP

MATHS MUSINGS



By Tania Wright

At Crestwood, we are proud of our school uniform and have high expectations of our students wearing it. The new year is an opportunity to remind parents of the reasons why our school uniform is so important to us. Uniforms foster a sense of unity and equality among students, promoting a school environment where everyone feels included regardless of their background or economic status. A well-maintained uniform contributes to a positive and professional image for the school, reflecting a commitment to expectations. Wearing the uniform correctly instils a sense of pride and belonging, helping students identify with their school community. The correct uniform includes the correct footwear and socks, both school days and on sport days. Skirt lengths should be appropriate for a school environment.

On Thursday the 8th February, the High Achievers' Assembly was held in the hall to acknowledge and celebrate those students who achieved a Band 6 in the 2023 HSC and those who achieved an ATAR (Australian Tertiary Admissions Rank) of 90 or above. It was an absolute pleasure for our 2023 HSC students to return with their parents, to have the opportunity to congratulate them on their success in the HSC. So too, there were many Year 11 students who achieved a Band 6 in the accelerated Industrial Technology Multimedia course they studied. Our guest speaker was Zac Bechara, who was Dux of the school in 2022. Zac was kind enough to give of his time and share insights to the current year 11 and 12 students about his HSC journey and how to best prepare for the HSC.





Air conditioning the hall





DEPUTY PRINCIPAL'S NEWS

Welcome back, in particular, to our new students in Year 7.

Up coming events (for your diaries)

- Friday 16th Feb: Stage 5 and 6 Careers Expo day. Crestwood High School will host 22 employer groups who are actively looking for apprenticeships and a range of post school employment opportunities.
- Wednesday 21st February: Swimming carnival. Permission notes have gone home via school bytes. Please check your email and respond.
- Thursday 22nd February: School photographs.
- Monday 4th March Wednesday 6th March: Year 7 Camp.

New 2024 timetable

Crestwood has introduced a new timetable.

	MON	TUES	WED	THURS	FRI
Homeroom	8:30-8:50	8:30-8:50			8:30-8:50
P1	8:50-9:50	8:50-9:50	8:30-9:25	8:30-9:30	8:50-9:50
P2	9:50-10:50	9:50-10:50	9:25-10:20	9:30-10:30	9:50-10:50
Recess	10:50-11:20	10:50-11:20	10:20-10:50	10:30-11:00	10:50-11:20
P3	11:20-12:20	11:20-12:20	10:50-11:45	11:00-12:00	11:20-12:20
P4	12:20-1:20	12:20-1:20	11:45-12:40	12:00-1:00	12:20-1:20
Lunch	1:20-1:50	1:20-1:50	12:40-1:10	1:00-1:30	1:20-1:50
P5	1:50-2:50	1:50-2:50	1:10-2:00	1:30-2:30	1:50-2:50
P6			2:00-2:50		

DEPUTY PRINCIPAL'S NEWS

School Upgrades over the holidays

Both woodwork rooms completed their fit out in late January. This included removing the original walls ceiling and floors and completely replacing them. All the wood lathes and cutting machines have been replaced with state-of-the-art machines. Student work will as a result potentially be of a much higher standard.

A new shade structure has been built on the northern side of the Support Unit. This will enable Support students and staff to use that area especially on hot or wet days to access the vegetable gardens.

The school oval was top dressed and aerated in the last week of the holidays. Unfortunately, the rain delayed that work. However, the rain and sun are helping the grass grow and the pitch should be ready for classes towards the end of week 3 or perhaps week 4. This will provide a far better playing surface that has been available before.





Why is uniform important at Crestwood High School?

Here are some reasons why Crestwood High School uniforms are important:

Promotion of Equality: School uniforms help to create a sense of equality among students by removing visible markers of socioeconomic status. When everyone dresses the same, there's less pressure to wear expensive or trendy clothing, reducing the likelihood of students feeling inferior or excluded based on their attire.

Improvement of School Safety: Uniforms aid in improving school safety by making it easier to identify outsiders on campus. Visitors who aren't wearing the prescribed uniform are more conspicuous, making it easier for school staff to recognize and address potential problems.

Reduction of Peer Pressure and Bullying: Uniforms eliminate the pressure to wear fashionable or expensive clothing, which can contribute to a reduction in bullying based on appearance or economic status. When everyone dresses alike, there's less opportunity for students to be singled out or teased for their clothing choices.

Fostering a Sense of Belonging: School uniforms create a sense of unity and cohesion among students. When everyone wears the same attire, it promotes a feeling of belonging to a larger community and fosters school spirit and pride.

Focus on Academics: By removing distractions related to clothing choices, school uniforms can help students and teachers focus more on academics. When students aren't preoccupied with what to wear each day, they can direct their energy towards learning and participating in class activities.

Preparation for Future Expectations: In many professions, uniforms or dress codes are required. By wearing uniforms in school, students learn to adhere to dress standards and understand the importance of presenting a professional appearance, which can be beneficial in their future careers.

Welfare News

What is a SSO

Hello, my name is Tara Gleig and I am the Student Support Officer (SSO) at Crestwood HS. I come from a social science, counselling and youth work background and have had the pleasure in supporting young people here in the Hills for over 11 years. I have a keen interest in our community, supporting parents/careers and providing guidance, self growth and confidence in young people.



the department's wellbeing team to enhance the wellbeing and learning outcomes of students.

SSOs support the implementation of the school's whole-of-school approach to wellbeing, helping students develop social and emotional skills through targeted strengths-based programs and strategies that build resilience, coping skills and positive relationships. They also have a pivotal role in working collaboratively with external and other government agencies in their support of students and their families.

I love working with the students at Crestwood in the welfare space helping to create a safe, positive, happy environment at school where they can flourish, develop and prepare themselves for the years ahead.

Welfare News FREE PARENTING PACKAGE

FUNDED BY THE P & C

Every newsletter, I will be creating a space to provide parents and students with wellbeing resources, strategies, and information. Numerous topics will be covered relating to adolescents.

The first exciting resource I would like to share is the MyStrengths Parenting Resources/Courses. Our amazing P&C have paid for a 12 month subscription for the Crestwood HS community. There are a range of topics related to raising teenagers and provide strategies on: Screens and social media; How to handle a moody teen; ways to build resilience; addressing anxious thoughts; learning to negotiate for a win-win; sowing and reaping ... and so much more. Please follow the link - crestwood.mystrengths.com.au and create an account to access this ERFE resource.

Special thanks to our P&C. If you have any questions, you can contact me on tara.gleig@det.nsw.edu.au

Have fun learning and growing with your Teen.





ONLINE COURSES







crestwood mystrengths.com.au

High Achievers HSC 2023

Congratulations to our 2023 HSC High Achievers who were recognised at this weeks assembly. Congratulations to our 2023 DUX of the 2023 Higher School Certificate-**Bailey Mularczyk**

Lillian Baker

English Extension 2

Josephine Ballas

Industrial Technology

Selin Bayraktar

Business Studies

Sharon Blesstian

Hospitality Examination (Food and Beverage)

Charlotte-Rose Byatt

Hospitality Examination (Food & Beverage)

Kate Chairuttanativech

Industrial Technology

Valerie Chan

Industrial Technology

Sophie Christian

Community & Family Studies

Rebekah Cooper

Ancient History

English Extension 1

James Cruickshank

Industrial Technology

Nandi Demers

Industrial Technology

Leila Dickson

Community & Family Studies

Connor Gamack

Investigating Science

Gram Huang

Investigating Science

Francis Ileto

Industrial Technology

Mia Jackson

Investigating Science

Lily Jamali

Food Technology **Mathematics Standard**

Modern History

Personal Development, Health & Physical

Education













High Achievers HSC 2023

Kiara Kanchan investigating Science

Anahita Konsam Investigating Science

Justin Law Investigating Science

Shujun LiBusiness Studies
Chinese and Literature

Maliyah Mohabbat Biology English Standard Investigating Science German Beginners

Bailey Mularczyk Ancient History Modern History

Shameel MurtazaInvestigating Science

Georgia Panuccio Music

Joshvin Prakash Investigating Science

Angad SandhuInvestigating Science
Mathematics Extension 1

Prabhnoor SinghBusiness Studies

Ashley Ting Industrial Technology

Shiao Xuan Yek Investigating Science

Victoria Zhang Investigating Science











SCHOOL PHOTO DAY

Crestwood High School

Day of Photography

22/02/2024

- 1. Please wear your full school uniform
- 2. Please place your order online before the day of photography- Go to www.advancedlife.com.au and enter this code:

3R8 NLT 6XX

- 3. Payment can be made using Visa, Mastercard or PayPal
- 4. If you are unable to order online, please hand your completed order envelope directly to the photographers on the day of photography

If you have any queries concerning school photographs and ordering, please contact advancedlife directly:

www.advancedlife.com.au/contact

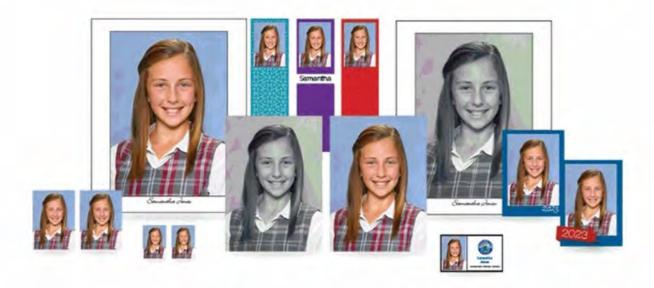


Order your school photos now

to order visit: www.advancedlife.com.au



or collect a cash order envelope from your school office





SWIMMING CARNIVAL

THURSDAY 21ST FEBRUARY, 2024

PERMISSION AND PAYMENT

Students will have the opportunity to compete across a variety of events, with successful participants moving onto the Macquarie Zone carnival. Our carnival will be taking place at Waves fitness and aquatic centre, with the inclusion of an inflatable obstacle course for students to use throughout the day. For students that are planning on attending, parents and caregivers have received an email from school bytes allowing them to give both permission and payment in one convenient location. Please ensure both permission and payment (\$15) is provided by the cut off date (Thursday 15th February) to ensure your child is able to attend. Any permission and payments made past this date will be unable to be accepted. Should you have any issues please contact Dylan Ryan in the PDHPE department. We are looking forward to an exciting day for students and staff.

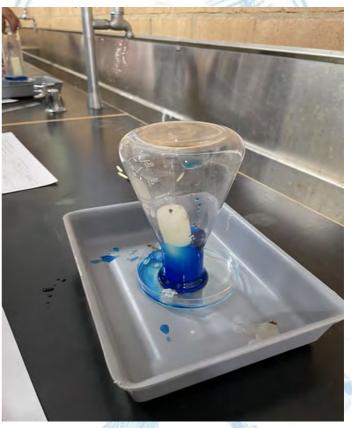




Science matters.

Year 11 Investigating Science students recently conducted an experiment exploring quantitative and qualitative observations by investigating a candle's interaction with water. Through meticulous observation and analysis, they unravelled the mysteries behind this phenomenon, showcasing the distinct roles of observations in scientific inquiry.

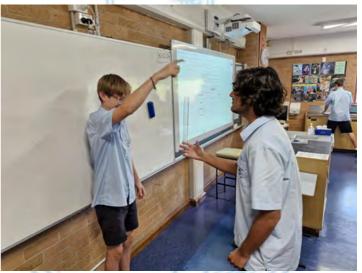




Science matters.

Year 9 are learning about their nervous systems, including how our reflexes work. To test their own reflexes, they attempted to catch rulers using various senses (sight, sound and touch)







TAS TIMES



Crestwood High School's Woodwork Rooms Get a Stunning Makeover

We are thrilled to announce the exciting refurbishment of Crestwood High School's two woodwork rooms! Over the past few months, these spaces have undergone a remarkable transformation aimed at providing students with state-of-the-art facilities to enhance their woodworking skills and creativity.





One of the most significant changes includes the replacement of the floors with durable epoxy, offering a sleep and modern finish that is both aesthetically pleasing and practical for a workshop environment. Additionally, the ceilings have been replaced, improving the overall ambiance, lighting and functionality of the rooms.

But that's not all!





The school has also expanded the working space by enclosing the corridor outside the woodwork rooms. This expansion provides students with more room to manoeuvre and collaborate on their projects, fostering a dynamic and collaborative learning environment.





Perhaps the most exciting aspect of the refurbishment is the upgrade of all woodworking machinery. Crestwood High School has spared no expense in ensuring that students have access to the latest and most advanced equipment. From new bandsaws and drill presses to disc sanders and an oscillating spindle sander, every machine has been carefully selected to enhance the learning experience.

Notably, the addition of a linisher/sander, a drum sander and a panel saw further expands the capabilities of the woodwork rooms, allowing students to explore a wide range of techniques and projects. Additionally, the introduction of two new Laguna long bed lathes, with more equipment on the way, opens up endless possibilities for turning and shaping wood into intricate designs.

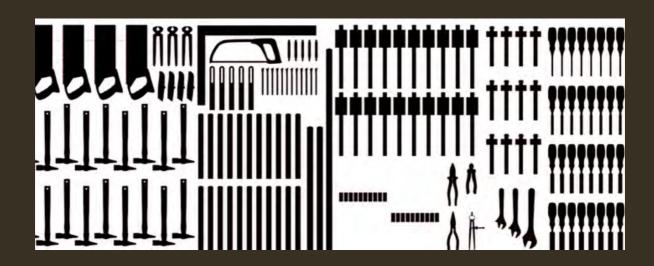


TAS TIMES



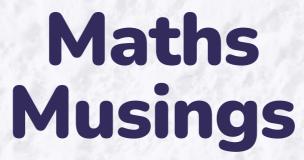
These improvements are not just about upgrading equipment; they are about empowering students to achieve their full potential. With access to top-of-the-line tools and machinery, students can now tackle more ambitious projects and produce higher quality workmanship.

Furthermore, the teaching staff at Crestwood High School is committed to maximising the benefits of these renovations. Currently, they are working on implementing shadow boards to house all woodworking tools efficiently. This organisational system will not only streamline the workflow but also promote tool identification, safety and responsibility among students.



The refurbishment of Crestwood High School's woodwork rooms marks a significant milestone in the school's commitment to providing students with a first-class education. With upgraded facilities and equipment, students can embark on their woodworking journey with confidence, creativity and enthusiasm. We look forward to seeing the incredible projects that emerge from these revitalised spaces!





STAFF IN MATHS FACULTY

There has been some changes in staff in the faculty this year. New to the faculty are Ms Crump and Ms Parrish (who arrived towards the end of 2023). Mrs Kaur returns from leave, joining Mr Lloyd (Head Teacher), Mr Yu, Mr Chand, Mr Stevens, Mr Bennett and Ms Jiang.

NEW MATHEMATICS SYLLABUS FOR YEARS 7 & 9

Our mathematics faculty will be implementing the new NSW mathematics syllabus for Year 7 & 9 this year. Faculty members have dedicated considerable time to constructing programs that align with the new syllabus. This effort reflects our commitment to delivering high-quality education and ensuring that our students receive the best possible learning experience. We will keep you informed every step of the way and welcome any questions or feedback you may have. Thank you for your support as we implement these changes.

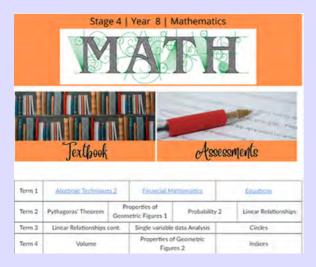
More information about the new syllabus can be found here: https://curriculum.nsw.edu.au/learning-areas/mathematics-k-10-2022/overview



Maths Musings

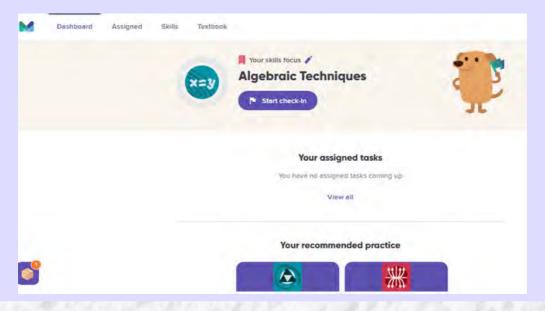
PLATFORMS WE WILL BE USING IN MATHEMATICS IN 2024

Canvas: The maths faculty has been using Canvas as the primary online platform to enhance students' learning in mathematics. During class, students have been instructed on how to access Canvas, where they can find the lessons of their respective courses on the homepage. The course index and contents are easily navigable by clicking on the relevant links. Students can view and submit assignments through Canvas. Parents are also encouraged to utilise Canvas to monitor their children's progress.





<u>Mathspace</u>: This is a great online platform where students can browse content using the online textbook, attempt tasks assigned to them and practise and improve their maths skills.



Maths Musings

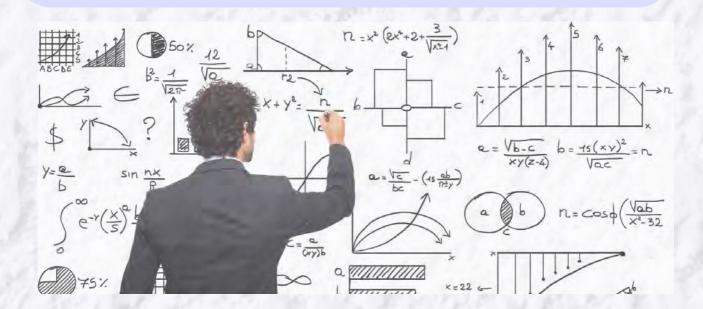
YEAR 7 MATHS CLASSES

Year 7 students took their diagnostic test on Tuesday and their maths classes will be streamed on Thursday in Week 3.

Essential Equipment Needed in Maths

It is required that all students bring their essential equipment to every class so that they can make the most of the lessons. These items can be seen below:





Spotlight on the Support Unit

We have enjoyed welcoming our new Year 7 students to the Stage 4 class in the support unit with Ms Roig, they are all settling in well to High School life.















Velcome Back!

Welcome back all students and a special welcome to our new Year 7 students and families who we had the pleasure of meeting during the uniform fittings.



We are excited to announce that our order of girl's pants has arrived! With a wide range of sizes why not come in and try on a pair? You may notice that our new stock sizing has changed so for comparative purposes, here are the conversions:

J8=Y10, **J10**=W02, **J12**=W04, **J14**=W06 where: J is Junior, Y is Youth and W is Women.



We have now returned to our normal trading hours as follows:

Every **Thursday** *during the school term*, from **7.30am to 11.00am** (no appointments required).

Online orders can be made via our online store. Please go to: https://crestwood-high-school-uniform-shop-107119.square.site

Orders can be collected from the uniform shop each Thursday until 11:00am. Any other time from the canteen (located opposite the uniform shop)

For any enquiries please email: crestwoodhs-uni@2153pandc.onmicrosoft.com



ROAD RULES FOR SCHOOL ZONES

The Hills Shire Council receives a high volume of concerns regarding illegal parking in school zones. It's important to understand the NSW Road Rules and signage in school zone areas.

Council's Compliance Officers enforce parking around schools carrying out on foot patrols and using Licence Plate Recognition Vehicles to detect parking offences. Parking illegally and disregarding posted signage can lead to safety hazards, traffic congestion, hefty fines and demerit point loss for drivers.

COMMON ROAD RULES IN SCHOOL ZONES

- A 'No Stopping' sign means that the driver of a vehicle must not stop at any time on a length of road or in an area to which the 'No Stopping' sign applies - not for a minute, not for a second, not at all.
- A 'Yellow kerb line' painted near the edge of the road means 'no stopping'. A driver must not stop at the side of a road marked with a continuous yellow edge line.
- A 'No Parking' sign means that you can only stop on a length of road or in an area to which the 'No Parking' sign applies to drop off or pick up passengers. Around schools these are commonly called 'kiss and drop zones'. You can't stay in the zone longer than two minutes and the driver has to be within three metres of the vehicle at all times.







 A 'bus zone' sign means that you must not stop or park in a bus zone for any reason (including queuing or waiting for a space) unless you are driving a bus.

TIPS FOR DRIVERS

- Plan your school commute, give yourself extra time in school zones
- It is always recommended you park your vehicle legally in a school zone and walk
- Do not arrive early to the school and sit in your car in the kiss and drop area, if you are in the kiss and drop area for over 2 minutes, its an offence and attracts a hefty fine and 2 demerit points.
- If motorists use the 'No Parking' zones correctly, it will improve traffic flow, relieving congestion and create a safer environment.

Park legally to ensure our school zones are safe for everyone.

FURTHER INFORMATION

CUSTOMER SERVICE CENTRE

3 Columbia Court, Norwest NSW 2153

PHONE 9843 0555

HOURS 8:30am - 4:30pm, Monday - Friday

WEBSITE www.thehills.nsw.gov.au



SCHOOL ZONE PARKING RULES AND PENALTIES

COUNCIL'S COMPLIANCE OFFICERS ENFORCE PARKING SIGNS AT YOUR SCHOOL.

When it comes to the safety of vulnerable road users like school children, drivers found breaking the law will be met with zero tolerance. When an offence is detected, you will be fined.



NO STOPPING

You must not STOP at any time.

Stopping includes when the vehicle is not moving but the engine is still running.

SCHOOL ZONE

Penalty from \$352 and 2 demerit points



NO PARKING

You can stop only to drop off or pick up passengers or goods and you must not stop for more than 2 minutes and The driver must stay within 3 metres of your vehicle. Stopping includes when the vehicle is not moving but the engine is still running.

SCHOOL ZONE

Penalty from \$196 and 2 demerit points



BUS ZONES

You must not stop your vehicle in a Bus Zone unless you are driving a public bus. Stopping includes when the vehicle is not moving but the engine is still running.

SCHOOL ZONE

Penalty from \$352 and 2 demerit points



DRIVEWAYS

You must not park your car over or block access to a driveway. You can stop in a driveway to drop off or pick up passengers BUT only for less than 2 minutes AND the driver must stay with the car.

SCHOOL ZONE

Penalty from \$352 and 2 demerit points



THERE ARE NOW INCREASED PENALTIES AND DEMERIT POINTS ASSOCIATED WITH ALL OFFENCES IN SCHOOL ZONES.



NO PARKING

You have no more than 2 minutes for drop-offs or pick-ups and must stay within 3 metres of your vehicle.

Penalty from \$196 and 2 demerit points



NO STOPPING

Under no cicumstances are you permitted to stop on a length of road to which a No Stopping Sign applies.

Penalty from \$352 and 2 demerit points



BUS ZONE

You must not stop your vehicle in the indicated zone unless you are driving a public bus.

Penalty from \$352 and 2 demerit points

Double parking

Stop on path or nature strip

Stop on / near marked pedestrian/children's crossing

Approach children's crossing too quickly to stop safely

Illegal U turns

Stop across driveway

Drive using a hand held mobile phone

Parallel park close to (within 3 metres) double centre line

\$352 & 2 demerit points

\$352 & 2 demerit points

\$469 & 2 demerit points

\$587 & 4 demerit points

\$469 & 4 demerit points

\$352 & 2 demerit points

\$469 & 5 demerit points

\$352 & 2 demerit points

FINES CURRENT AS OF DECEMBER 2021

For a complete list of school zones offences visit www.rms.nsw.gov.au



JOIN THE FUN! PLAY RUGBY UNION

FOR THE NORWEST BULLS



NORWEST BULLS JUNIOR RUGBY UNION CLUB

BOYS & GIRLS AGES U6 TO OPENS FAMILY FRIENDLY CLUB

CASTLE HILL RSL ROCKETS



ABOUT THE CLUB

- ☑ Players aged 5-65+
- ✓ In-House/Funskills Program
- MASA Academy

Email: registrar@rocketsfc.net.au

Address: Ferguson Ave, Castle Hill NSW 2154









