

INFOLINE

Crestwood High School Fortnightly Newsletter



From the Principal

By Tania Wright

This week, **Dr Prue Salter** delivered interactive lectures to students in years 11, 12 and accelerated classes about study skills and developing good habits. This information will be uploaded onto the CANVAS study hub for students to access. The information was based on the "Power of Effective Study Techniques".

As students navigate their educational journey, the importance of mastering effective study techniques cannot be overstated. In today's learning environment, skills such as note-taking and time management play a crucial role in helping students not only understand content but also apply and recall knowledge deeply. The techniques below are essential for academic success.

The Art of Notetaking

Note-taking is an active engagement with the material that promotes better understanding and retention. Effective note-taking techniques, such as the Cornell Method, mind mapping, or bullet journaling can help students organise their thoughts and highlight key concepts.

- Enhances Comprehension - By summarising and paraphrasing information in their own words, students engage with the content, leading to a deeper understanding.
- Encourages Active Learning - Active notetaking requires students to listen, process, and analyse information during lessons, fostering critical thinking skills.
- Facilitates Review - Well-organised notes make it easier to review material before exams, helping to reinforce learning and boost confidence.

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Mastering Time Management

Time management is another vital skill that significantly impacts academic performance. With so many subjects and extracurricular activities vying for students' attention, effective time management can help them prioritise tasks and allocate their time wisely. Ultimately, it aims to:

- **Reduce Stress** - By creating a study schedule, students can break down their workload into manageable chunks, reducing the feeling of being overwhelmed.
- **Improve Focus** - Allocating specific periods for study allows students to concentrate on one subject at a time, enhancing their focus and productivity.
- **Encourage Consistency** - Developing a routine helps students establish good study habits, making learning a regular part of their day rather than a last-minute rush.



Applying knowledge for Deeper Learning

Understanding content is only the first step; being able to apply that knowledge is where true mastery lies. Techniques such as practice tests, group discussions, and real-world applications can help students connect theoretical knowledge to practical situations, reinforcing their learning.

- **Promotes Critical Thinking** - Applying knowledge in different contexts encourages students to think critically and creatively, preparing them for real-life challenges.
- **Encourages Collaboration** - Working with peers to discuss and apply concepts fosters a collaborative learning environment, where students can learn from each other's perspectives.
- **Builds Confidence** - As students see their ability to apply knowledge grow, so does their confidence, which can lead to greater academic achievement.



Enhancing Recall Through Deep Learning

Deep learning goes beyond memorisation. It involves understanding the underlying principles and being able to recall information when needed. Techniques such as spaced repetition, summarization, and teaching others are effective ways to reinforce learning.

- **Strengthens Memory** - Spaced repetition helps students retain information over time, reducing the likelihood of forgetting.
- **Encourages Reflection** - Summarising what they've learned helps students reflect on their understanding and identify any gaps in knowledge.
- **Fosters Peer Teaching** - Teaching peers not only reinforces the teacher's knowledge but also builds communication and leadership skills.



Developing effective study techniques such as note-taking and time management is essential for students aiming to enhance their understanding, application, and recall of knowledge. By investing time in these skills, students can unlock their full academic potential, paving the way for lifelong learning and success. As educators and parents, we need to continue to encourage our students to embrace these techniques and watch them flourish in their academic pursuits.



DEPUTY PRINCIPAL'S NEWS

We are now over half way through the term and many events are taking place.

Year 7 had an exceptional camp at The Tops Conference Centre during Week 5, led by our Head Teacher of Mathematics Mr Lloyd and supported by our dedicated staff in attendance. Camps like this don't happen without the commitment of our amazing teachers, who plan, attend, and generously give their time to ensure a memorable and rewarding experience for our students.

Year 7 camp is more than just an exciting adventure—it's a valuable opportunity for students to develop key skills that will support them throughout their high school journey. As our newest students transition into secondary school, camp provides an environment that fosters personal growth, friendship, and resilience.

One of the biggest challenges for Year 7 students is adjusting to a new social environment. Camp offers a unique setting for students to bond with their peers, develop friendships, and strengthen their sense of belonging. By engaging in team-based activities, students form connections that help them feel more comfortable and supported at school.

For many students, Year 7 camp is the first time they spend a few nights away from home. This experience encourages independence as they learn to manage their belongings, follow schedules, and step outside their comfort zones. Whether it's conquering a high ropes course or participating in group challenges, students build confidence in their abilities and develop a growth mindset.

At Crestwood High School we have an extensive camp program in Year's 7,9 and 11.



DEPUTY PRINCIPAL'S NEWS

Year 12 Matters

Year 12 is nearly halfway through the year, and as a special privilege, students have the opportunity to apply for flexible attendance. This information was sent via the portal a few weeks ago.

Year 12 may apply for privileges on the following conditions:

1. Students can only alter their leaving time if they do not have a timetabled period for the last period of the day and/or they are enrolled in an externally delivered course.
2. Students should use the time after early departure for private study at home. They are to travel directly between school and home. This privilege is not for undertaking part time employment.
3. Students are not to leave the school grounds between periods during the day.
4. Students must be attending school, not late to school and have no outstanding N award warnings

Once privileges have been granted students and parents/carers will receive notification via the Sentral portal.

Please note that any breach of these conditions could result in the privileges being revoked. To receive an application form please see Ms Roberts.





Prioritizing Student Well-Being: Strategies for Self-Care While Studying

In today's fast-paced academic environment, students often find themselves overwhelmed by deadlines, exams, and assignments. While academic success is important, maintaining well-being is equally crucial. A healthy mind and body can enhance concentration, boost motivation, and ultimately improve performance. Here are some practical strategies for self-care while studying:

1. Maintain a Balanced Routine

Establishing a structured daily routine helps manage time effectively. Set aside specific hours for studying, breaks, physical activity, and social interactions. Having a routine prevents burnout and enhances productivity.

2. Take Regular Breaks

Long study sessions can lead to mental fatigue. Using techniques like the Pomodoro Technique—25 minutes of focused study followed by a 5-minute break—can help maintain concentration and reduce stress. [Black Dog Institute focuses on mental health and provides resources to help parents support their children's emotional and psychological needs. This site is especially vital in raising awareness about mental health issues and offering advice on how to address them.](#) Your paragraph text

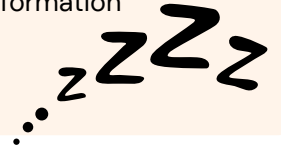
3. Stay Active

Physical activity is a great way to relieve stress. Whether it's a walk, yoga, or a quick workout, movement helps increase energy levels and improve mood.



4. Get Enough Sleep

Lack of sleep can impact memory and cognitive function. Aim for 7–9 hours of quality sleep each night to stay alert and retain information effectively.



5. Eat Nutritious Foods

Fuelling your body with healthy foods can boost brain function. Include a balanced diet with proteins, whole grains, fruits, and vegetables to maintain energy and focus.



6. Practice Mindfulness and Relaxation Techniques

Meditation, deep breathing, and mindfulness exercises can help reduce anxiety and enhance emotional well-being. Even a few minutes of mindfulness each day can make a difference.





WELFARE

NEWS

7. Stay Connected

Social support is essential for emotional health. Take time to connect with friends, family, or study groups to share experiences and alleviate stress.



9. Set Realistic Goals

Breaking down tasks into smaller, achievable goals can reduce the feeling of being overwhelmed. Celebrate small achievements along the way to stay motivated.



8. Seek Help When Needed

If stress or anxiety becomes overwhelming, don't hesitate to seek support from a teacher, counsellor, or mental health professional. Asking for help is a sign of strength, not weakness.



10. Limit Screen Time

Excessive screen time, especially on social media, can contribute to stress. Set boundaries and take regular breaks from digital devices to refresh your mind.



By incorporating these self-care strategies, students can enhance their academic performance while maintaining their overall well-being. Remember, taking care of yourself is just as important as excelling in your studies. Prioritize self-care, and success will follow!



CRESTWOOD HIGH SCHOOL TOURS



Dates: 18th March 2025 & 1st May 2025

Timings: 9:00am-9:30am

*For Parents of Bella Vista and
Excelsior Public School
students*

TAS *Times*

Year 11 Industrial Technology Students

Our Year 11 Industrial Technology Timber students have been hard at work refining their woodworking skills as they embark on an exciting furniture-making project. As part of their course, students are constructing the leg frames for a beautifully designed bedside table, learning fundamental joinery techniques and safe machinery operation along the way.

Throughout this term, students have been mastering a variety of traditional and modern joinery methods, including mortise and tenon, mitred joints, wedged tenons, and domino joints. These techniques are crucial in developing strong and durable furniture structures, reinforcing precision and craftsmanship in their work.



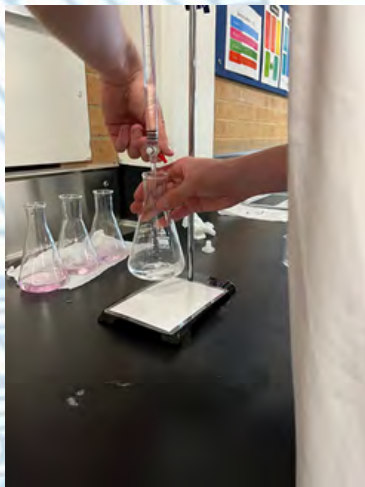
In addition to honing their hand skills, students have been trained in the safe and effective use of essential woodworking machinery. They have gained hands-on experience operating the band saw, drop saw, and router, which are key tools in shaping and assembling their projects. Safety is paramount, and our students have demonstrated great responsibility in following correct procedures and using personal protective equipment.

The bedside table project not only enhances their practical skills but also encourages problem-solving, design thinking, and attention to detail. This hands-on experience will serve them well, whether they pursue careers in the woodworking industry or continue to develop their craftsmanship as a lifelong skill.

We look forward to seeing their completed projects and celebrating their achievements. Stay tuned for updates as our students bring their creative visions to life!

Science matters.

Year 12 Chemistry Depth Study is currently happening with students using volumetric analysis to determine the acidic or basic concentration of household solutions like vinegar or cloudy ammonia and even lemon juice. They are using their highly tuned experimental skills with accurate titration equipment such as burettes and pipettes. Comparing their results to what is stated by the manufactures. The analysis process will allow them to apply complex calculations to their understanding of neutralisation processes. There are some demonstrating their skills with the equipment:



Science matters.

Year 11 and Accelerated Year 9 Investigating Science students participated in a self-guided depth study tour of Taronga Zoo last Friday. Working their way through the zoo to make observations of the various animals and their behaviours, as well as inferring the reasons for why these behaviours may be exhibited, continues to develop their skills in noticing and explaining phenomena in the world (a major part of the course, and life!). It was an great day, and our students represented the school most excellently.

Highlights included a very active lion and lioness sibling pair, as well as the seal show - an excellent view from the splash zone!



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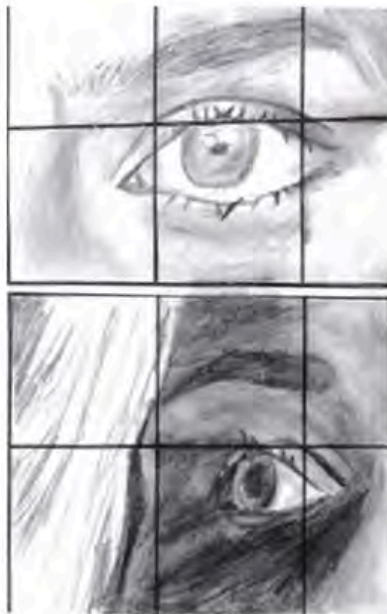
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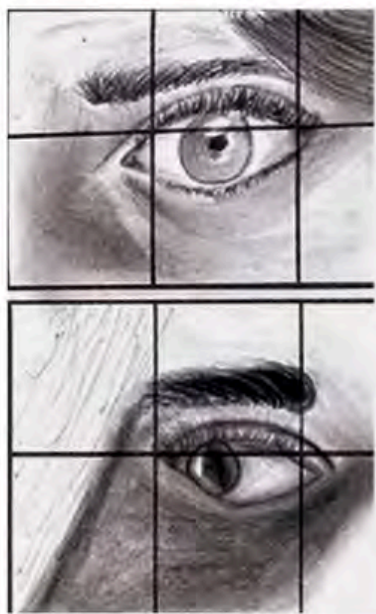
YEAR 8 VISUAL ARTS

LINK TO EXHIBITION: [CRESTWOOD VISUAL ARTS ONLINE EXHIBITION 2025](#)

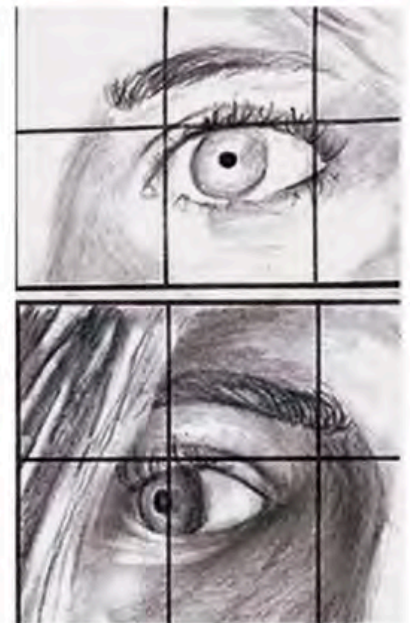
Year 8 Visual Arts students have launched into a dynamic and creative start across our 10 classes. Our first study module focuses on portraiture study, where students are developing their skills in working with the elements of art line, shape, colour, and value to achieve realism in pencil drawings.



Evelyn. M



Shudhi. K



Ruby. N

They are also exploring pattern, contrast, and balance to create visually engaging compositions that feature meaningful details within their imaginative character and portrait designs. Through this process, students are not only refining their technical abilities but also deepening their understanding of how the elements and principles art to enhance their creative expression.



Sabina F



Elly. H



Sakeena N

ART EXPRESS AND AGNSW EXCURSION

YEAR 11 AND 12

In Week 5, our Year 11 and 12 Visual Arts students took an inspiring journey to the Art Gallery of NSW, diving into the world of contemporary, traditional and postmodern art. From thought provoking installations, Australian Impressionism, to contemporary Aboriginal artworks, students explored diverse artistic voices and even browsed the gallery's extensive library.



A highlight of the trip was ARTEXPRESS, showcasing the 2024, HSC Body of Works that exemplify conceptual depth and technical excellence across a variety of mediums. Witnessing these incredible pieces firsthand reinforced the dedication and skill required to achieve exhibition status—an inspiring goal for our own Year 12 Crestwood artists!



Back at the Crestwood Studio, our Year 12 students are pushing creative boundaries, creating paper embossing, oil paintings, floral pigment extraction, architectural sculptures, and more. Their evolving artistic practice is fueled by curiosity, innovation, and bold thinking. We can not wait to see how their works evolve!



**AS EINSTEIN FAMOUSLY SAID:
"CREATIVITY IS INTELLIGENCE HAVING FUN!"**

MATHS MUSINGS

YEAR 8

Year 8 are currently studying probability. In Numeracy lessons students often play games of chance such as Heads or Tails or Greedy Pig. There are many dice games (such as Yahtzee) or card games (such as Hearts) that families can enjoy together

YEAR 10

Year 10 has recently completed several topics in class and their first assessment task is currently being prepared which will be handed out during Week 7. This task will include a take home component as well as a short test to be completed in class on the due date. Make sure you check your CANVAS page under the Assessments link for access to all relevant information including the task requirements, submission method and most importantly, the due date.

Stage 5 | Year 10 | Mathematics



Textbook



Assessments

Going to Boston

Going to Boston, also known as Going to Town, is another simple yet exciting dice game in which players roll to win the most number of rounds.

What You'll Need:

- 2+ Players
- Three Dice

How to Play

The goal of Going to Boston is to win rounds by rolling the highest total dice amount. To start, mutually agree on how many rounds you'd like to play and select a random player to toss all three dice. The highest number rolled will be kept. The player will then roll the remaining two dice and again hold onto the highest number. Roll the final die and add that number to your overall score for that turn. These steps will be repeated by each player around the table. Once everyone has rolled, the player with the highest score wins the round. Continue this until the end of the final round and add up your points. The player with the most will walk away victorious!

MATHS MUSINGS

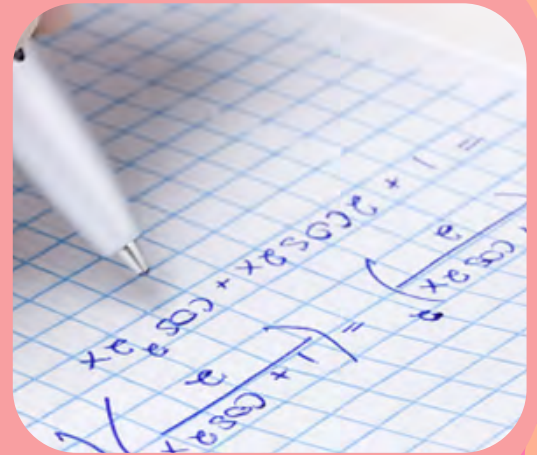
YEAR 12

Year 12 are preparing for their Half-Yearly exams at the end of this term and just this week they attended a Study Skills Seminar. While many students have already developed consistent study habits it is never too late to start. A few tips that might assist with preparation.

1. Practice, Practice, Practice - complete as many questions as you can and don't forget to check your answers to see if you are correct or if you need to ask for a little more assistance.

2. Know what is on your Reference Sheet - what topic are the formulas for and when do you need to use them

3. Know the features on your calculator - topics such as Bivariate Data require using statistics mode so be familiar with how to access it



Trigonometry

$$\sin A = \frac{\text{opp}}{\text{hyp}}, \quad \cos A = \frac{\text{adj}}{\text{hyp}}, \quad \tan A = \frac{\text{opp}}{\text{adj}}$$

$$A = \frac{1}{2} ab \sin C$$

$$\frac{a}{\sin A} = \frac{b}{\sin B} = \frac{c}{\sin C}$$

$$c^2 = a^2 + b^2 - 2ab \cos C$$

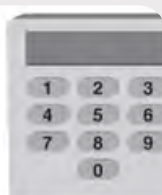
$$\cos C = \frac{a^2 + b^2 - c^2}{2ab}$$

QUESTION FROM THE NEWSLETTER

Helen's office has a security alarm. To turn it off Helen has to type her 4-digit code into this keypad.

Helen's code is 0051.

Including Helen's code, how many different 4-digit codes are possible?



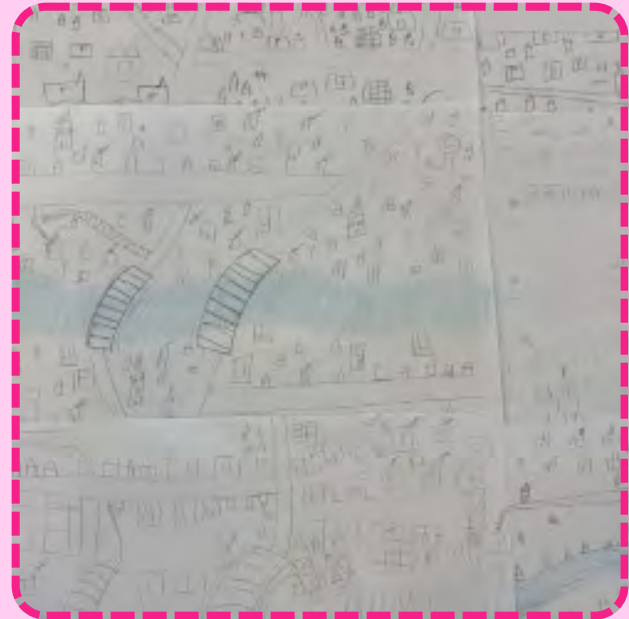
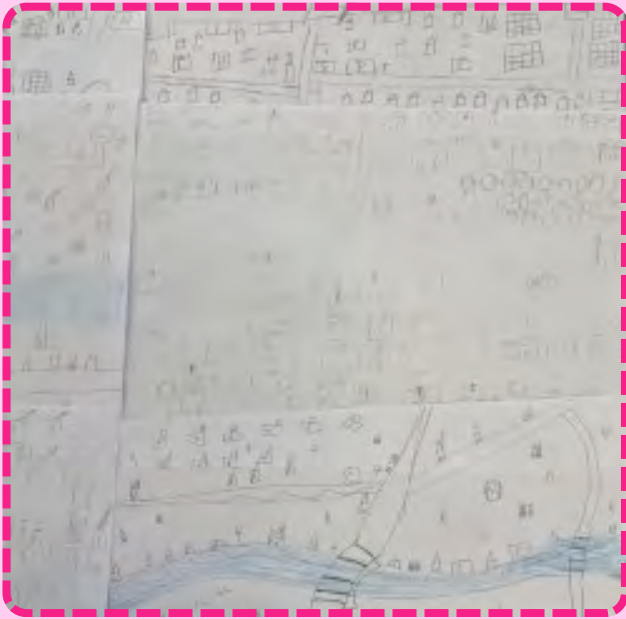
Solution: 10 000

CAN YOU ANSWER A YEAR 12 EXTENSION 1 QUESTION?

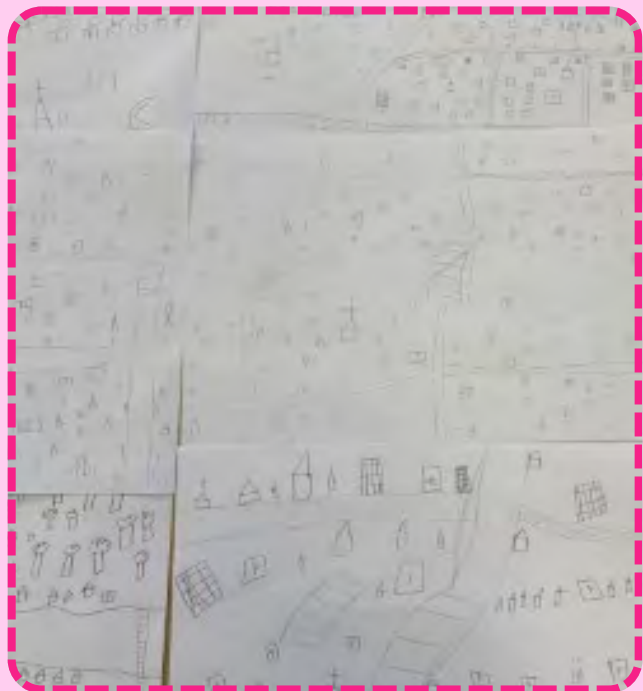
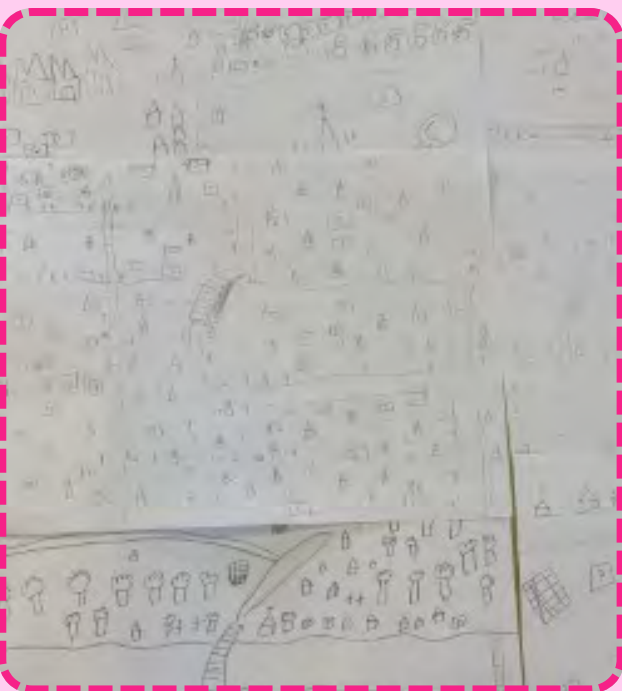
A sock drawer contains navy, white and grey socks. If individual socks are randomly chosen from the drawer, what is the minimum number of socks that must be selected to ensure there are at least three pairs?

Solution will be in the next Maths Musings

H.S.I.E.



In Year 10 History we have been studying the Industrial Revolution. We finished the topic with the Urban Game. This involved following a series of instructions. We drew houses and factories and shops as they grew, slowly seeing our agricultural village develop into an industrial city.





ENGLISH & DRAMA NEWS

Junior Drama Club

Excitement is in the air as the Junior Drama Club prepares to take the stage at this year's Shakespeare Carnival. The young actors, meet every Thursday lunch time and are working tirelessly to perfect their performance, bringing the timeless works of William Shakespeare to life for the annual Sports for Jove Shakespeare Carnival.

The Shakespeare Carnival is an annual event that celebrates the playwright's legacy, giving students a chance to showcase their talents through monologues, duologues, group scenes, and even short film adaptations.

For many of these students, this will be their first experience performing in front of a larger audience. The regional competition will take place on May 14th at Penrith High.

We wish them all the best as they prepare for this prestigious competition and amazing opportunity.





TIDDALICK THE FROG

A PUPPET ADAPTATION

Students in the Support Unit have been exploring Indigenous Australian culture through drama, bringing the Dreaming story *Tiddalick the Frog* to life in a vibrant puppet performance. This unique project not only fosters creativity but also deepens students' understanding and appreciation of First Nations storytelling traditions.

Tiddalick the Frog is a well-known Dreaming story that teaches important lessons about greed, community, and the natural world. By performing it as a puppet show, students have engaged in hands-on learning, developing their storytelling skills while embracing the cultural significance of the tale.

Through this exploration, students have gained a deeper appreciation for Indigenous culture and the significance of the Dreaming. They have also enjoyed experimenting with puppetry while discovering the rich storytelling traditions passed down through generations.



Très Frais Français

The Year 8 French Club has kicked off with an exciting start this year, beginning with an interview featuring Year 7 students Misha, Kayla, Alyssia, and Sajiram, who are eager to embark on their language-learning journey. In Term 1, students are focusing on French introductions, and many confidently greeted their interviewers with a cheerful 'Bonjour' or 'Salut.' The Duolingo class competition has also been a major source of motivation, with Kayla and Misha noting that "it's fun to compete with friends." In the coming weeks, students can look forward to more interactive activities and competitions designed to enhance their French skills.

By Maitrayee Ubale



Over the past six weeks, Year 7 students have been working diligently to grasp the basics of this new language. When we spoke with Kayla from 7C and Misha from 7D, they shared their excitement about learning French. While mastering a new language comes with challenges, they appreciate how their teacher, Ms. Jneid, makes lessons engaging and accessible. So far, the students have been introduced to essential greetings and conversational phrases, such as 'Je m'appelle' (My name is) and 'Salut' (Hi). They have also recently started using Duolingo, an interactive platform that teaches languages through structured lessons, which they find both enjoyable and effective.

By Impana Sandeep

Très Frais Français

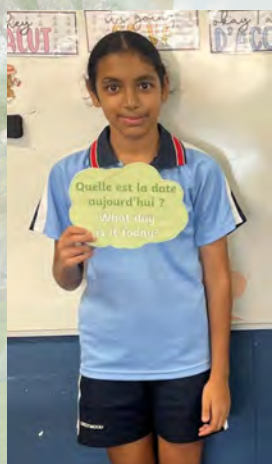
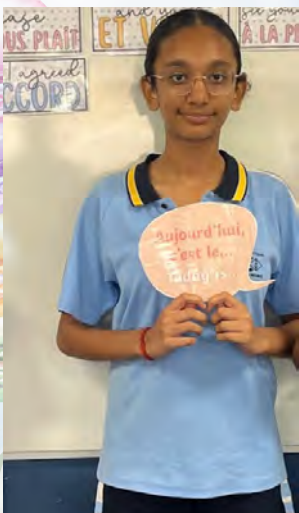
Year 7 students have had a fantastic experience in French so far and are looking forward to many upcoming opportunities.

Alyssia from 7E enjoys both speaking and writing in French and is excited for more speaking tasks. She also appreciates working collaboratively with her peers.

Sajiram from 7S has particularly enjoyed learning how to introduce himself and greet others in French. Like many of his classmates, he is eagerly anticipating the French Breakfast later in the year and hopes to improve his ability to understand different French accents. In addition, students are looking forward to attending the French Film Festival, which promises to be another highlight of their language-learning experience.

It is clear that French has become a favourite subject among Year 7 students! The Year 8 French Club wishes all Year 7 students an exciting and rewarding journey in learning French and looks forward to sharing more updates on their progress and activities in future editions of the French Newsletter.

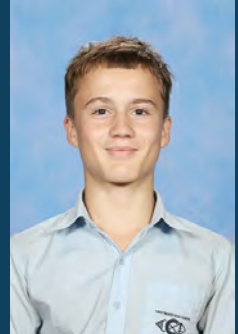
By Alia Stein



SPORT NEWS

CONGRATULATIONS

Congratulations to Byron Higgins, Leonard Watson, and Hamish Cranwell for making the Sydney West AFL team! Their hard work, dedication, and outstanding skills have earned them a spot on this prestigious team. We are incredibly proud of their achievements and can't wait to see them shine on the field!



Congratulations to Reyansh Sharma and Yug Chaudhari on their selection to represent the NSW team for School Sport Australia Cricket in Adelaide! Their exceptional talent, commitment, and sportsmanship have earned them this fantastic opportunity. We are excited to see them showcase their skills on a national stage.

Congratulations to the Boys' Basketball knockout team, who defeated Rooty Hill High School and have made it to the final 16. They will play against Hills Sports High on Tuesday, 18th March.

Congratulations to Alice Barret on her selection for the Sydney West Girls Basketball team.



SPORT NEWS

SWIMMING CARNIVAL RESULTS



House Points

1st Pearce - 394
2nd Doyle - 371
3rd Hendle - 311
4th Ward - 213



Boys Age Champions

12 YEARS	BUSH, Sebastian
13 YEARS	GOLDING, Harry
14 YEARS	LEE, Jake
15 YEARS	HIGGINS, Byron
16 YEARS	GENG, Jaiden
17 YEARS	LIN, Anson
18 YEARS	CHEUNG, Daniel

Girls Age Champions

12 YEARS	KIM, Leeah
13 YEARS	PARK, Yeriel
14 YEARS	CHEUNG, Natalia
15 YEARS	LOH, Makayla
16 YEARS	DICKSON, Ella
17 YEARS	LEE, Sophia
18 YEARS	FOLEY, Ava



Records Broken

Girls 16 Yrs 50m Freestyle - DICKSON, Ella = 28.88 seconds
Girls 16 Yrs 50m Backstroke - DICKSON, Ella = 34.1 seconds
Girls 16 Yrs 50m Freestyle - DICKSON, Ella = 1:04.09
Girls 16 Yrs 100m Backstroke - DICKSON, Ella = 1:12.62
Girls 15 Yrs 100m Backstroke - LOH, Makayla = 1:14.19



Zone Swimming Carnival

We're thrilled to celebrate the outstanding achievements of our students at the recent Zone Swimming Carnival! A total of 25 enthusiastic swimmers represented our school, showcasing their talent and sportsmanship. Special congratulations to Jake Lee, who excelled in his events and was awarded the Age Champion!

Additionally, we are proud to announce that 13 of our swimmers have qualified for the Sydney West Swimming Carnival, taking place on Thursday, 20th March, at the Sydney International Aquatic Centre. We wish them the best of luck as they compete at this prestigious event!



SPORT NEWS

STUDENTS GET ACTIVE IN FITNESS UNIT!

Our students have been fully engaged in an exciting fitness unit, exploring the different components of fitness and discovering how each one contributes to overall health and athletic performance.

Throughout the unit, students have participated in a variety of activities designed to develop their understanding of **cardiovascular endurance, muscular strength, muscular endurance, flexibility, agility, and coordination.**

Many students have discovered new strengths and interests in fitness, with some even taking their learning beyond the classroom by incorporating workouts into their daily routines. Their enthusiasm and commitment to improving their fitness levels have been inspiring to see!

As we continue this unit, students will deepen their understanding of training methods and explore how to tailor workouts to different sports and fitness goals. Keep up the great work!



Congratulations



MACQUARIE CUP NETBALL

Congratulations to the girls involved in the Macquarie cup netball carnival on the 7th of March. Also Congratulations to Evanah Levave and Shivani Sundaranathan for being selected to play in the Macquarie zone team, great effort!

SUPPORT NEWS

YEAR 7 WITH MS ROIG

The students have been adjusting to the high school routine during roll call on Mondays, Tuesdays, and Fridays.

To make this an enjoyable activity, they are using sensory trays to learn the timetable and daily subjects. They find the daily subjects in the trays and order them as presented on the board. It is also an opportunity to work on fine motor skills and organisation.

The aim of these 'morning meetings' is for the students to practice social and communication skills and prepare for the day's learning activities.



CREATING COMICS FOR ENGLISH B

Ms Roig's English class are learning about Animal Comics as part of the Visual Texts topic.

The students have identified the audience, kids/teenagers, and the main purpose of the studied comic strips, entertainment.

Now they are starting to plan and create their very own comic strips. Simra has already created her very own comic strip about a Starfish called, Rebecca. This is the very first tactile comic strip ever made at the Support Unit. Well done, Simra. We are so proud of your hard work this year.

ESSENTIAL ASSESSMENT (EA) PLATFORM

We are trialling a new learning platform at the Support Unit for Literacy and Numeracy, called Essential Assessment. Students access this platform on their laptops or iPads during English and Maths lessons. They complete pre-assessments, mid and post assessments throughout the term. Students also engage in multiple learning activities, which helps their teacher keep track of each student's learning progress. This is exciting because it allows the teachers to use this tool to personalised learning tasks for each student.

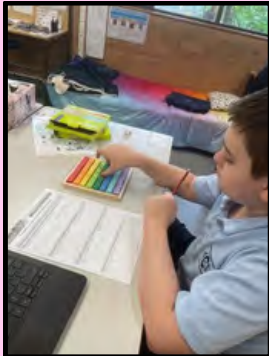
All students at the Support Unit completed a Diagnostic Pre- Assessment on this platform for Common Grade assessing purposes.

In Ms Roig's Maths class, the students are well into their learning on EA. The topic is fractions and the combine hands on activities with the online learning.

Community Engagement

Stage 5 students travelled to Circular Quay on a Ferry last week. They are learning how to use the app TripView Lite on their phones to plan their trip on public transport.

SUPPORT NEWS



SPOTLIGHT ON THE SUPPORT UNIT

I'MPOSSIBLE

Students have loved participating in an engaging fitness program designed to improve their gross motor skills and overall fitness. From powering through the battle ropes to sharpening their reaction speeds, they are giving it their all!



SPOTLIGHT ON THE SUPPORT UNIT

YEAR 7 CAMP



Year 7 students had an amazing time on camp! They loved all the different activities that were to offer including high ropes, the giant swing, cart racing, survivor challenges, rock climbing, archery, and a silent disco. It was an unforgettable experience for all!





SPOTLIGHT ON THE SUPPORT UNIT

SWIMMING CARNIVAL

Students had a fantastic time competing in this year's swimming carnival! They took part in a variety of events, including noodle races, kickboard races, diving and retrieving floaties. It was a fun-filled day for all!



Fortnightly updates and events from the CHS library

LIBRARY NEWS

The library continues to be a busy place with lots of exciting new happenings! Coming up this fortnight:

2025 NSW Premier's Reading Challenge

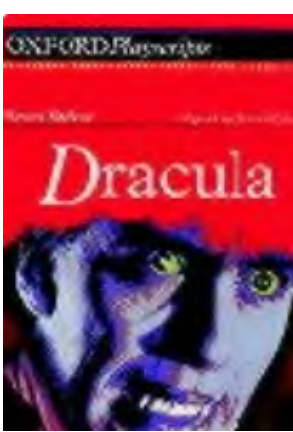
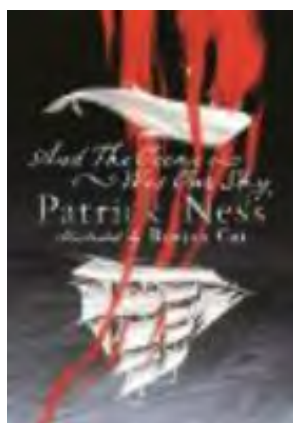
Artwork by Matt Ottley

The Premier's Reading Challenge has started! Students have until Friday, 22nd August to read 20 books from the 5-9+ range. Of these, 10 have to be in the Premier's Reading Challenge with 10 books you like! This can be done using this link:

<https://online.education.nsw.gov.au/prc/studentExperience.html#/>

Books you read after the challenge can also count towards next year's challenge!

SOME APPROVED PRC BOOKS:



CERTIFICATES

There are levels of certificates that are issued to students who have completed the PRC.



For more information about the Premier's Reading Challenge, or if you have any questions, be sure to visit the library and ask some of our friendly staff!



Crestwood High School Careers and Tertiary Expo



On Friday 21 February Crestwood HS held a Careers Trade Market for students in Years 9 – 12. The purpose of the careers market is to provide students with invaluable information from a select group of business, industry, community organisations and tertiary providers for their future careers and subject choices.

This market is a valuable resource for students to collect information and learn about jobs and industries they may not have had exposure to before. Year 12 should follow up the market in August and September by visiting the university of choice(s) Open Days for any last information or to get a feel of the university they are considering in attending. The job & Careers expo also compliments the Tertiary Information Market to be held on 5 May 2025.

The My Future Tertiary Expo will be held on the 5 May for Years 10 – 12 so students can get the most up to date information regarding early entry, available courses, refine subject choices for senior school.

White Card Course

On Monday 3 March the Construction white card course was held for 20 students for the construction industry. 20 students participated with the cost of \$30. If your child missed out and would still like to be trained, please let Mrs Fisher. If there are enough students, then a second course will be organised.

Work Experience

Year 11 & Year 12 Work Studies

Currently Year 11 & 12 Work Studies students are out at Work experience for 2 weeks. Students have chosen placements based on their future pathway choices. For some students it will solidify their chosen occupation and hopefully their future employment and we wish them all the best.

Year 10 Work Experience

Year 10 students are currently finalising their work experience choices for next terms placement in May. Students need to return their paperwork as soon as they can so we can process the forms. I am currently working with students who are having difficulty and returning emails, SENRAL messages and phone calls in relation to work experience questions and requests. I received a high volume of messages, and it will take me time to deal with them. As I am processing forms if there are any issues I will speak directly with the student, employer or best contact for the issue that needs to be resolved. Thank you for your patience as I process the 175 applications.





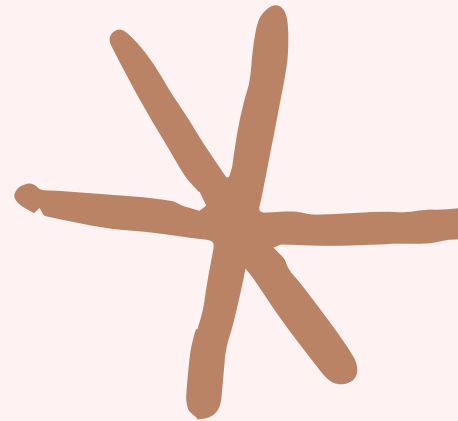
Crestwood High School Careers and Tertiary Expo's



MY FUTURE TERTIARY EXPO

MONDAY 5 MAY 2025
YEARS 10-12

CRESTWOOD HIGH SCHOOL
SCHOOL HALL





- always tap on and off when using your school opal card
- follow the Opal terms of use and only use your School Opal card to travel to and from school
- always follow the Student code of conduct when you're on the bus

Be polite and courteous to the Bus Driver and follow their reasonable instructions.

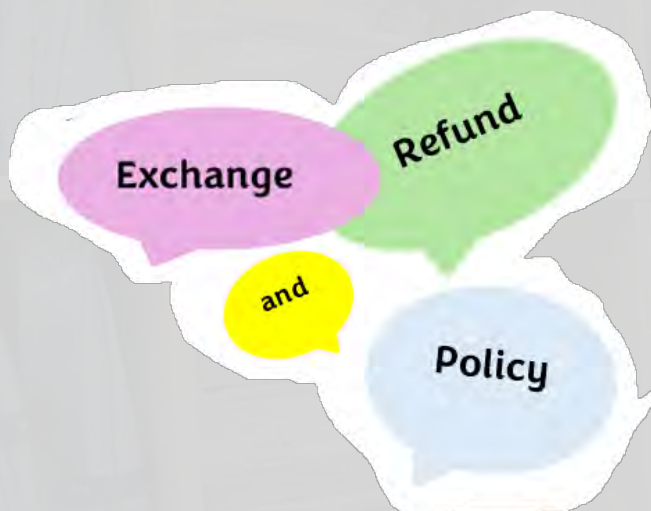
It is in everyone's best interest to understand how many passengers we are carrying on our buses, so that we can better plan services to meet everyone's needs.

UNIFORM SHOP



In response to many requests, we are expanding our **COTTON JUMPER** range with a new size..... **Size 22** is now available online and in-store.

Visit us to try one on!



We will gladly offer exchanges or refunds provided the items meet our Returns Policy. This includes but is not limited to: the customer providing proof of purchase, and the item must be returned in new condition with its original tags, clips, and undamaged packaging.

You can view our full policy here: [Returns Policy](#).

Our shop hours

Thursday 7:30 a.m.—11:00 a.m. (during the school term)

To access our online store, please go to:

<https://crestwood-high-school-uniform-shop-107119.square.site>

Please forward all enquiries to: crestwoodhs-uni@2153pandc.onmicrosoft.com

HILLS SAINTS NETBALL CLUB

Coaching Call Out



Community Sports wouldn't be possible without the help of amazing volunteers.

We are still looking for 4 more coaches for our 2025 season for the following teams.

2 x U7s Coaches

1 x U9 Coach

1 x U10 Coach

We offer paid coaching course, a coaching workshop before the season starts and year round support.

Interested? Questions?

Please contact Tegan
coachinghillssaints@gmail.com

